SUITE 404

BROWARD COUNTY INTERGROUP INC.

3317 NW 10th Terrace, Suite 404, Oakland Park, FL 33309

Phone: 954-462-0265 Email: help@aabroward.org

Volume 11

November 2026

STEP 11: "Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

THE TEDIUM AND TERROR

A section from "A Vision For You" from our Big Book is often read at the end of our AA meeting. The words "abandon yourself to God" resonated for me today, and I pondered their meaning. As I learned early in my AA journey, a place to start is with a dictionary.

Abandon: "to give up with the intent of never again claiming a right or interest in." How do I do this? How do I give up myself with the intent of never again claiming a right or interest in? The Third and Eleventh Steps are my guideposts. In the Third Step, I begin the practice of offering myself to God to take me and to do what God wants with me. Fortunately, the Third Step Prayer also includes the removal of my difficulties. That's the part of the prayer I like best because, in the face of problems, my default position is run and hide, to take off in a full flight from reality. To pray for the removal of my difficulties gives me comfort that I can stay where I am and wait for the difficulties to be removed.

The Eleventh Step provides straightforward directions on how to abandon myself to God. All I need do is to pray for knowledge of God's will for me and the power to carry that out. Simple, right? It's easy to practice the Eleventh Step when I'm on day four of a two-week vacation in Hawaii walking along the beach. The decisions of the day are reduced to where to have breakfast and when to take a nap. OK God, got it, I'll let you decide.

But on a typical Monday morning as I contemplate a week of work, I am not inclined to pray simply. Then my anxious thoughts fill me with dread and my serenity is gone. My prayers become more like those of the wanderer in the desert looking for water. I implore God to let me win the lottery and be relieved of the tedium and terror of work. So far, those prayers for immediate wealth have not been answered.

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THANK YOU to everyone who supported the Intergroup Picnic! It was a wonderful day of fellowship.

CONCEPT XI

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

TRADITION 11: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films. "

Mike the Plumber and Airplane Tim

I was prompted to write this after visiting a meeting in south Florida with my wife. While talking to some people before it started, someone mentioned "Emphysema Mike." My wife almost burst out laughing. Everywhere I've lived and traveled since getting sober in 1990, people in AA have had nicknames. But never had she heard someone identified by a malady.

In my home group we have such characters as Mike the Plumber, Airplane Tim, the Good Dave (self-proclaimed) and so forth. While these monikers are descriptive and sometimes amusing, I believe they do us a disservice. Besides sounding a little like an organized crime family, more importantly they highlight the fact that we might be taking the principle of anonymity beyond its original intention.

My sponsor has introduced himself at meetings by his first and last names since I've known him. One day he told me I should do the same. By way of explanation, he had me read several passages from the book Dr. Bob and the Good Oldtimers. John, my sponsor, said we are not anonymous among ourselves. What if for some reason I have to look up your phone number or come visit you in the hospital? I think they may have a hard time finding Airplane Tim. Dr. Bob said we had taken this business of anonymity way too far.

In Dr. Bob and the Good Oldtimers there are several comments by Dr. Bob, or people recalling what he said, regarding anonymity. My favorite is a recollection by Warren C. of the doctor saying, "...there were two ways to break the anonymity Tradition: 1)by giving your name at the public level of press or radio; 2)by being so anonymous that you can't be reached by other drunks."

The next segment contains another quote attributed to Dr. Bob about the Eleventh Tradition: "Since our Tradition on anonymity designates the exact level where the line should be held, it must be obvious to everyone who can read and understand the English language that to maintain anonymity at any other level is definitely a violation of this Tradition." Several more quotes follow using equally adamant language in the next several paragraphs.

If my sponsor tells me to do something, I assume it's with good reason. When he goes out of his way to tell me where to find out why he told me to do it, I'm compelled to seek out his explanation. After having read the above quotes and discussing them with my sponsor and other members about eight years ago, I now always identify myself at meetings by my full name, as do several members of my home group and the men I sponsor. While I know there are no Traditions police, I try to do what I can today to help people who want to know our founders' intent when they wrote Tradition Eleven.

--Jim T., Longmont, Colorado

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Suite 404 is a monthly publication of Broward County Intergroup, Inc. (BCI) The opinions expressed here are not necessarily those of BCI or AA as a whole. The deadline for submission is the 15th of each month. Material may be edited for space and content. We welcome your stories, news and comments. Please send your submissions to help@aabroward.org.

(continued from page 1)

When I can remember my days of early sobriety, I am reminded of how the grace of God saved me. At that time, my little world was falling apart and I was consumed with fear. I asked God for help and found myself in a meeting of AA. It was there I discovered that I had a loving God in my life. It was there I discovered I was not alone. It was there I discovered the tools that led to a spiritual awakening.

And now, with time in recovery, I often forget the results I discovered when I abandoned myself to God with just a few days of sobriety. If God can keep me sober, then imagine what would happen if I prayed for knowledge of God's will for me and the power to carry that out.

Through the work of the Twelve Steps, I can now relax and take it easy and know that, just for today, I don't have to worry. God is with me and will show me the way.

Michele C., Davis, California

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HAVE YOU GOT TALENT?

Event to be held at E. Pat Larkin Center in Pompano this year

Adult only event



We also need volunteers for the following committees:

Ticket sales
Raffle Sales
Dessert
Coffee

Whether you're a singer, dancer, comedian, poet or musician, if you've got talent we want to see it! We don't allow bands due to time and space constraints but 1-2 person ensembles are ok. Singers can use a musician or play tracks off phones. All acts must be reviewed and approved prior to show on March 6th. If you'd like to be considered attend a planning meeting and get your name on the program.

Thank you so much to all the groups and individuals that continue to support us. We could not do it without you.

General Servic Office, NY
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Bridging the Gap
877-207-2242

Broward Co. Intergroup, Inc.
3317 NW 10th Terrace, Ste. 404
Oakland Park, FL 33309
954-462-0265

Broward County Institutions
(BCIC) P.O. Box 22701
Ft. Lauderdale, FL 33335

Area 15 Treasurer
2950 W Cypress Creek Rd.
Suite 333, #10907
Ft. Lauderdale, FL 33309

District 9 General Service
P.O. Box 100126
Ft. Lauderdale, FL 33310

RECOVERY WORD PUZZLE

MELTPEONTAC
NOBADNA
PERCOOTRA
CORDSITENI
DI MUTE
TREMODPP



Unscramble the letters. Answers to puzzle can be found on page 7. Words for this puzzle have been used somewhere else in this edition of Suite 404.

TOYYAMINN
KROMSINE
SLEROSUVE
GETSNEDAIS
LOVAINOTI
YIFEDTIN







AA'S GOT TALENT 2027 will be holding their first planning meeting

SUNDAY, NOVEMBER 29TH at 1:30 PM

at the 441 Group, Village Plaza, 1452 N. State Rd. 7, Margate



MEETING SPACE NOW AVAILABLE IN LAUDERHILL

at the Worship and Faith International Fellowship (5400 N University Dr.)

If interested, please contact Church office for information: 954-860-6057

or wafifftl.office@gmail.com

The next planning meeting for the **69th Florida State Convention** to be held in Ft.Laud. will be held at **Residences at Equality Park**, 2040 N Dixie Hwy., Wilton Manors



Saturday, November 21st at 9 AM

Volunteers are needed for over 20 committees. Come find out how you can serve.

SERVICE KEEPS YOU SOBER







A.A. BIRTHDAYS

NOVEMBER CELEBRANTS

Living in the Solution
Craig G. ~ 18 yrs.
Ehra R. ~ 25 yrs.
Steve B. ~ 36 yrs.

Serenity in the Park SWR
Fran ~ 5 yrs.
Eric ~ 3 yrs.
Bricole ~ 2 yrs.

Serenity Sisters
Betty ~ 36 yrs.

Davie Women's
Donna ~ 5 yrs.
Meredith ~ 6 yrs.
Diane ~ 11 yrs.
Jewel ~ 12 yrs.
Michelle ~ 18 yrs.
Annette ~ 31 yrs.
Caren ~ 38 yrs.

Oakland Park Group
Doug D. ~ 42 yrs.
Audrey F. ~ 5 yrs.

East Naples Men's
Steve B. ~ 18 yrs.

Pompano Beach Group
Donna S. ~ 40 yrs.

True Self Group
Bonnie B. ~ 45 yrs.
Bernie B. ~ 45 yrs.

Melrose Park Group
Maurice C. ~ 27 yrs.

Early Risers Group
Andrea ~ 4 yrs.
Lucie ~ 6 yrs.
Maryanne ~ 18 yrs.
Don ~ 8 yrs.

Express Group
Larry C. ~ 45 yrs.

Downtown Dry Dock
Kim M. ~ 22 yrs.
Phyllis ~ 18 yrs.



OCTOBER CELEBRANTS not previously mentioned ...

Ft. Lauderdale Women's
Jennifer C. ~ 33 yrs.
Jill ~ 9 yrs.
Jenn ~ 33 yrs.

Nuevo Porvenir
Hector C. ~ 35 yrs.

Free to Be
Scarlet ~ 17 yrs.

Sat. Morning Awareness
Paul C. ~ 21 yrs.

Big Book Quote of the Month

"Cling to the thought that, in God's hands, the dark past is the greatest possession you have -- the key to life and happiness for others. With it you can avert death and misery for them."

Alcoholics Anonymous, page 124

BECOME A GRATEFUL GIVER

Setup regular monthly contributions to Intergroup using Zelle, PayPal or bank draft.

Intergroup Representatives

monthly meeting will be held on

Sunday, November 22

at 1:00 PM

Twelve Step House
205 SW 23 St., Ft. Lauderdale

District 9 General Service

next meeting will be held on

Sunday, November 15, 2 PM

Sanctuary, 1400 N Federal Hwy, FTL

NEW REP WORKSHOP at 12:30 PM

BCIC (Institutions)

will hold their next meeting on

Saturday, November 14

at 10:00 AM

Twelve Step House
205 SW 23 St., Ft. Lauderdale

OCTOBER CONTRIBUTIONS

GROUP NAME	OCT	CYTD
11 Step Conscious Contact		120.00
12 Coconuts online		50.00
441 Group		100.00
5-3-Zero	100.00	200.00
545 Happy Hour	400.00	925.00
AA at the Place		40.00
Acceptance Meeting		50.00
Alcoholics Anonymous	720.58	8,695.26
An Anonymous Group		115.00
Back to Basics	100.00	927.50
Beyond Yr Wildest Dreams		657.60
Boca Men's Group		183.40
Bottom Line Group		60.00
Brothers in Sobriety		300.00
Broward Men's		288.50
Broward Young Peoples		169.00
Broward Women's	250.00	485.00
Coral Springs Group	25.00	250.00
Coral Springs As Bill Sees It	80.00	80.00
Coral Springs Men		50.00
Daily Reflections with Pride		524.86
Dania After Work		375.00
Davie Women's Group		360.00
Deerfield Beach Happy Hour		300.00
Deerfield Beach Study	565.00	1,636.99
Don't Forget		240.00
Downtown Big Book		216.00
Downtown Dry Dock	200.00	200.00
Each Day a New Beginning	645.00	4,678.00
Easier Softer Way		2,500.00
Early Riser Group		1,400.00
East Naples Men's		2,385.20
Express Group	319.00	319.00
Eye Opener		202.40
Fort Laud Twelve Step		1,000.00
Fort Lauderdale Men		141.75
Fort Laud Men's Zoom		10.00
Fort Laud Women's		150.00
Fort Laud Primary Purpose		200.00
Free Thinkers		350.00
Free to Be		600.00
Free To Be Zoom		1,280.00
Freedom From Alcohol		715.00

GROUP NAME	OCT	CYTD
French Intergroup		250.00
Fresh Start Beginners		2.08
HALT - Sunday AM		313.00
Happy Joyous & Free		305.00
Harbor Group		210.00
Hollywood Men's group	300.00	300.00
Hollywood Young Peoples		238.00
Good Morning God Group		100.00
Imperial Point Sunday Night		300.00
IN Memorium		1,500.00
In the Solution Friday		1,246.00
Intergroup Meeting	129.00	1,162.25
Intergroup Picnic	275.00	275.00
Into Action		280.00
KIS Lunchtime	460.00	902.00
KISS Today		420.75
Language of the Heart		70.00
Lambda Rising		273.92
Life in Recovery		160.00
Living in the Solution		1,786.00
Living in the Solution Virtual	148.00	1,244.00
Living Sober		200.00
Lunch Bunch in Plantation	260.00	800.00
Lunch Express		926.94
Made a Decision		5.45
Margate Men's Book Study		100.00
Melrose Park Group		449.40
Men's Independence		124.00
Men's Independence Online		182.32
Mid Day Sobriety	100.00	900.00
New Beginnings		365.76
New Day Group		200.00
New Way of Life		400.00
Nooners		200.00
Noontime Sober Living	420.00	1,845.00
North Beach Group		178.00
Oakland Park Group	61.00	1,633.50
Off the Hook		381.53
Old Timers Group	322.00	1,722.48
One Day at a Time	13.20	384.03
Open Door		253.00
Peace of Mind Group	300.00	603.84
Pembroke Pines Last Stand		222.00

OCTOBER CONTRIBUTIONS continued

GROUP NAME	OCT	CYTD
Perry Street South	346.00	1,053.50
Plantation Happy Hour		1,005.35
Pride 545		1,308.00
Riverside Group		197.60
Rule 62	250.00	455.00
Russian Speaking AA		300.00
Sandpebbles		375.00
Sands of Serenity		173.00
Saturday Morning Group	50.00	350.00
Sat AM Attitude of Gratitude		110.00
Serenity at 630	200.00	200.00
Serenity Hour	136.05	612.68
Serenity in the Park East		67.75
Serenity in the Park-SWR	135.00	2,070.00
Serenity Sisters		150.00
Smell The Coffee Group		10.37
Sober on the Beach	150.00	375.00
Sober Seniors		1,070.00
Sobriety 101		49.00
Spiritual Principles Group		379.00
Spiritual Principles Lambda		150.00
Splinter Group	540.00	2,790.40
Stepping Out		306.00
Sunday AM Together	100.00	200.00
Sunday Sunshine on Zoom		725.00
Sunlight of the Spirit	100.00	100.08
Sunrise Serenity		333.48

GROUP NAME	OCT	CYTD
Surrender Group	271.00	421.00
Surrender is Freedom Group		20.00
The Anonymous Club		718.69
The Outsiders		447.66
Thursday Night Study		175.00
Traditions & Steps at 7p		188.19
Trivia Contest		100.00
True Self Group		75.00
Tuesday After Work		0.88
Tuesday Nt. Step Group		83.00
University Big Book	70.00	350.00
Victor E		1,200.00
West Broward Women		350.00
Weston Bonav. BB Workshop		300.00
Weston Stepper		119.00
Westside Men's Group	149.52	1,581.53
Why It Works	88.00	487.00
Why Parkland		184.10
Women's Fri. Night BB Study		194.00
Women's Hope in Recovery		260.00
Women's Primary Purpose	40.00	150.00
Women's Sober Tribe	20.00	190.00
Women's Step Into Sobriety		100.00
Women's Step by Step		280.00
You Are Not Alone		630.01
YANA Online		937.50
You're Off the Hook		308.99
TOTALS	8,838.35	81,713.47

INTERGROUP IS NO LONGER MOVING!! HOORAY!

CURRENT LANDLORD CAME DOWN ON RENT AND WE SIGNED ANOTHER YEAR LEASE.

Answers from page 4: contemplate, abandon, corporate, directions, tedium, prompted, anonymite, monikers, ourselves, desitnated, violation, identify.

Definition of Broward County Intergroup, Inc.

Your Intergroup office services all groups in the Broward County area. It is not a governing body and does not attempt to, nor can it, rule any AA group. Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work "carrying the message" to the sick alcoholic. The Intergroup office is supported entirely by contributions from groups, usually a specified amount each month or at intervals throughout the year.

MEETING CHANGES

Our website has the most up-to-the-minute information available.
https://aabroward.org/locations/ or https://aabroward.org/virtual-meetings/

Monday

NEW MEETING Empowered to Rise, Destined to Thrive at SafeAndSound Club, 4316 N Dixie Hwy., Oakland Park 33334. ODR 6:30 AM.

No Matter What Men's meeting and **Solutions** at the Stirling Room NO LONGER MEET.

NEW MEETING Set Free at Stirling Room in Davie. OBB. 8 PM.

Tuesday

First Responders which meets at West Broward Club in Davie has changed the time to 6:45 PM.

NEW MEETING Vets in Recovery meets at the Twelve Step House, 205 SW 23 St., FTL, CCC, 8:15 PM.

Wednesday

NEW MEETING Powered by Purpose at SafeAndSound Club in Oakland Park, ODR 6:30 AM.

NEW MEETING She Found Her Way at SafeAndSound Club in Oakland Park, OSPw 7 PM.

Sunday

NEW MEETING Big Book Study Brunch at SafeAndSound Club in Oakland Park, OBB 3 PM.

Daily Meetings

Serenity in the Park SWR will now begin meetings at 5 PM due to daylight savings time.



YOUR INTERGROUP BOOKSTORE

will be closed on

WEDNESDAY, NOVEMBER 11

in observance of

VETERAN'S DAY



UPCOMING EVENTS

Nov 1	**District 9 Archives Early Timers Meeting** will be held at the Women's Club in Deerfield Beach 910 E. Hillsboro Blvd. Fellowship begins at 6 PM. Bring a dessert and a newcomer.
Nov 14	**60th District 9 Gratitude Dinner** will be held at the Marriott in Coral Springs, 11775 Heron Bay Blvd., Tickets $50 in advance.
Mar 6	**AA's Got Talent 2027** Dessert and Coffee at 5:30 PM, Show starts at 6:30, Raffles, Fun, Adult only event. Tickets $15.

