



# SUITE 404

BROWARD COUNTY INTERGROUP, INC.  
3317 NW 10th Terrace, Suite 404, Oakland Park, FL 33309  
Phone 954-462-0265, 954-462-7202; www.aabroward.org  
Email: help@aabroward.org

VOLUME 7  
JULY 2026

## Step 7 - "Humbly asked Him to remove our shortcomings."

### Call the Exterminator!

Sometimes I assume I have an open channel to God, that he'll let me know if he wants anything. With an open channel, I don't have to do any work, nor do I have to humble myself in any way. It's me who has to go to God. If I think it's the other way around, I'm wrong. How arrogant to think that God should come get me if he needs me! What would he ask me for? If I don't have the humility to ask him to take the character defects with which I struggle, I continue to struggle until I do. This is called "becoming ready" in Step Six. The instant I let go, the instant I am sincere and humble in my prayer—and in my heart and will—God steps in and takes my defect from me.

My trouble lies in being sincere and humble. What I really ask most of the time is for God to please take away the difficulty that my defect is causing me. I want him to fix the outside problem, the part I see. I want him to make others more tolerant of me, to let me do what I want with no negative consequences. This is not the sincerity required to do a successful Seventh Step.

Through trial and error I eventually learn that my shortcomings are the cause of my trouble just as it is with termites. It's not the rotted wood that is the real problem. I can replace the wood on my deck, but if I leave the termites in there I'm going to eventually have the same problem I do today. Sometimes things can look nice and be rotted underneath.

I don't always see my defects until things collapse. I am not always aware of danger, but if I am in contact with my Higher Power, I am going to get the help I need. If I ask, God will give me the humility to accept that help before it's too late. I must understand that it is all his doing, not mine. When I know that it is not my doing, my whole focus changes. I no longer think that I must do this or that to save myself. I begin to think how I might better get to God, who has everything that I need. I see my personality problems as obstacles in the way to him, and I

(continued on page 3)

<i>INSIDE THIS ISSUE</i>	
Tradition Seven	2
Word Puzzle	4
Committee Updates	4
Monthly Meetings	5
Anniversaries	5
Meeting Changes	8
Upcoming Events	8

**The Intergroup bookstore will be open on Friday, July 3rd.**

**CONCEPT VII**  
The Charter and By-laws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

## Tradition Seven - "Every AA group ought to be fully self-supporting."

### Basket case

I HAVE yet to be at a meeting that didn't pass the basket. It has come at different moments during the meetings but it has always come. In most meetings the first line of the Seventh Tradition is read as a brief explanation of the purpose of the expectation: "Every AA group ought to be fully self-supporting. . . ." However, it does not say AA groups should be struggling for financial survival, as is happening currently to one of the largest and most influential groups in my area.

When I last joined AA, 21 years ago, everyone was dropping a dollar in the basket. No amount was mentioned or suggested; it just seemed that the most common rate was a buck. In the last decade or so some groups have taken to making a suggestion of \$1 and, more recently, \$2.

I recall that when one small group I regularly attended was going to adopt the suggestion of \$2, I'd argued against it. I had some idea that those who couldn't give that much would be embarrassed by such a suggestion. I now have more time, more experience, more security, more sobriety and perhaps a bit more wisdom, and now I feel foolish for the objection.

In the last couple of years, I have reconsidered my position on the basket and the amounts. I have realized that I had been stingy. Here's my newer thinking: If I had been drinking on any given day, I would have surely spent more on alcohol than a dollar or two. Even as the binge drinker that I was, I had a daily average that was several dollars higher than the current Seventh Tradition suggestions. so, I have been thinking that if I paid more than \$2 to poison myself, soul and body, why am I being so stingy with paying for my sobriety? Hmm.

Well, then, how much should I toss into the basket? I tipped the last waiter who served me \$9 to do little more than carry a piece of paper to the chef and a couple of plates to my table. That was more than the \$2 suggestion and far less important to my life. I've paid more for frivolous purchases than two dollars. Why have I been so tight with money for the basket? Don't know.

One week I started to give what my last restaurant tip was, but that seemed a bit high. Then I decided to put in the current price of one bar drink. Heck, that's not so much to pay for sobriety.

I've tossed in a five or a 10 or a 20 (that's been my maximum) and I had this wonderful sensation. I told myself that perhaps I had covered for those poorer souls who couldn't give a buck. I reminded myself that the rent on the clubroom had surely risen over the two decades of my sobriety. I reminded my wife that she would surely have left me had the same amounts been poured down my throat. I felt really pleased--perhaps a bit too pleased--with myself.

*(continued on page 3)*

(continued from page 1)

desire their removal.

When it comes to humility, my problem seems to be that I don't realize I haven't got it. I don't think I'm being arrogant or grandiose. I think I'm being adept and competent. I think I've got a handle on things, and it never occurs to me to ask God to guide me in this matter or that. Of course I don't start out saying "I won't ask for God's help. What can he do that I can't do for myself?"—but I don't ask. I try to arrange things so I get what I want and don't even notice I've lost touch with God until the contact is gone. I look up, and like a lost child at a carnival, everything is strange to me and I'm scared.

The good news for me is that God is everywhere. God is patient. He does not prod or punish, he merely waits with all power and loving kindness for me to seek him again in the right spirit, and then he performs miracles. What else can I say? I have seen it.

—Amber M., Florence, Kentucky

Copyright © AA Grapevine, Inc., July 2012, Reprinted with permission.



(continued from page 2)

I began to wrestle with a couple of small ego issues. Just how good should I feel about this giving? Just how public should I be with it? Should I tell myself that I am so wonderful and generous that I should be honored? Sure disaster, that, for an alcoholic. Should I allow others to see that I am giving more than the suggested amounts? Would that be self-serving? Even this article has risks.

Well, this past fall I attended a gratitude dinner/fundraiser in my area and the person with the most sober time was the keynote speaker. Among all of the wise and humorous remarks she made, she touched on donations and brought up the same idea of giving what your last drink cost. I felt relieved that I wasn't the only one to arrive at this notion. I would only have added to her remarks that with 40-plus years, her last drink was a lot cheaper than one drunk by someone recently sober.

So, here's what I have concluded. We all might reconsider how long we've been giving the same dollar (or two) and how much the costs to AA groups have risen. Perhaps we all could consider giving at least the current cost of one of the drinks we would have drunk had we not joined Alcoholics Anonymous and taken up sober living. Not only will it benefit the groups' survival, thus helping other alcoholics find our path, but it will also provide an inner warmth without the drink. I suggest trying just once to give the cost of a drink and see what that does.

By the way, I have decided that I would not fold the higher bills but allow whomever might notice to do so. Perhaps it will serve as a model and attract others to donate the same, and I'll keep trying not to feel too good about it.

Brad S., Miami, FL

Copyright © AA Grapevine, Inc., July 2010, Reprinted with permission.

**General Service Office, NY**

Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

**Bridging The Gap**

877.207.2242

**Broward Co. Intergroup, Inc.**

3317 NW 10 Terrace, Ste. 404  
Ft. Lauderdale, FL 33309  
954.462.0265

**BCIC**

P.O. Box 22701  
Ft. Lauderdale, FL 33335

**Area 15 Treasurer**

2950 W Cypress Creek Rd.  
Ste. 333, #10907  
Ft Lauderdale, FL 33309

**District 9 General Service**

P.O. Box 100126  
Ft. Lauderdale, FL 33310

# Recovery Word Puzzle

AVEGTENI  
RYINSTECI  
POCALESL  
BLOSSECAT  
MITTRUNSEN  
DEARSOGIN



Unscramble the letters.  
Answers to puzzle can  
be found on page 7.  
Words for this puzzle  
have been used some-  
where else in this edi-  
tion of Suite 404.

CLANIFANI  
LAVUSIRV  
GINTUSOGES  
TOOJCEBIN  
LUFIRSOVO  
TOSSANINE

## HAPPY INDEPENDENCE DAY!

The first planning meeting for the **2026 Intergroup Picnic**  
to be held in October at Snyder Park  
will be held at **The Twelve Step House**, 215 SW 23rd St. in Ft. Lauderdale  
immediately after our Monthly Representative meeting.

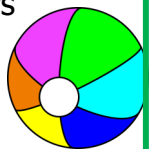
**Sunday, July 19th at 2 PM.**

The next planning meeting for the **2026 Gratitude Dinner** (*hosted by District 9*)  
will be held at **4th Dimension Club** in Hollywood.  
on **Saturday, July 18th at 1:30 PM.**

The next planning meeting for the **69th Florida State Convention**  
(*to be held in Ft. Lauderdale*)  
will be held at **Residences at Equality Park**, 2040 N. Dixie Hwy., Wilton Manors  
on **Saturday, July 25th at 9 AM**

Volunteers are needed for over 20 committees. Come find out how you can serve.

*It takes an ARMY of Volunteers to host a State Convention — come find out what you can do for the  
Convention on the beach!*



## SERVICE KEEPS YOU SOBER



# A.A. Birthdays

## July Celebrants

**Serenity in the Park—  
SWR**

Kevin L. ~ 1 yr.  
Shalin D. ~ 1 yr.  
Eric C. ~ 2 yrs.  
Abby H. ~ 5 yrs.  
Lee ~ 5 yrs.  
Monica P. ~ 6 yrs.  
Bernard P. ~ 27 yrs.

**B.A.L.L.S. Group**

Richie ~ 37 yrs.  
Nick ~ 11 yrs.  
Randall ~ 31 yrs.

**Bikers in Recovery**

Emilio ~ 27 yrs.  
Leon J. ~ 19 yrs.  
Donna M. ~ 21 yrs.  
Bill F. ~ 10 yrs.  
Rich W. ~ 10 yrs.

**Broward Men's**

Jay ~ 10 yrs.  
Joe A. ~ 11 yrs.  
Steven H. ~ 9 yrs.

**Early Risers**

Luis ~ 12 yrs.  
Duane ~ 10 yrs.  
Peter ~ 2 yrs.

**One Day at a Time**

Eddie N. ~ 17 yrs.  
Maria S. ~ 19 yrs.

**Serenity Sisters**

Linda H. ~ 4 yrs.  
Mary S. ~ 27 yrs.

**Smell the Coffee**

Liz J. ~ 37 yrs.  
Mike ~ 16 yrs.

**Westside Men's**

Eric S. ~ 27 yrs.  
Richard R. ~ 35 yrs.

**Ft. Lauderdale  
Women's**

Nancy B. ~ 37 yrs.  
Diana H. ~ 26 yrs.  
Pam ~ 30 yrs.

**Live, Laugh, Love**

Leslie B. ~ 18 yrs.  
Juliyaet ~ 28 yrs.

**Sunlight of the Spirit**

Debbie C. ~ 8 yrs.  
Jeff H. ~ 8 yrs.  
Norm L. ~ 6 yrs.

**Women's Honesty**

Becky P. ~ 44 yrs.  
Marcia S. ~ 30 yrs.

**Coral Springs Men's**

Steve B. ~ 34 yrs.  
Bill F. ~ 35 yrs.  
Brett ~ 9 yrs.

**Spiritual Principles**

Zane ~ 10 yrs.  
Beth ~ 42 yrs.

**A Step at a Time**

Karen V. ~ 45 yrs.

**Eleventh Step**

Marty ~ 13 yrs.

**441 Group**

Ebony ~ 17 yrs.

**Oakland Park Group**

Layah ~ 3 yrs.  
Fritz ~ 8 yrs.  
Gene ~ 17 yrs.

**Big Book  
Quote of the Month:**

"My Creator, I am now willing that you should have all of me, good and bad. I pray th at you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen."

*Alcoholics Anonymous, Page 76*

**BECOME A GRATEFUL GIVER**

Set up regular monthly contributions to Intergroup using Zelle, PayPal or bank draft.

The next **Intergroup Meeting**

will be held on  
**Sunday, July 19th**  
**at 1:00 PM**

Twelve Step House  
205 SW 23rd St., Ft. Lauderdale

**BCIC**

Broward County Institutions Committee will hold their next meeting on

**Saturday, July 11th**  
**at 10:00 AM**

Twelve Step House,  
205 SW 23rd St., Ft. Lauderdale

**District 9 General Service**

Meeting will be held on

**Sunday, July 19th at 2 PM**

Sanctuary, 1400 N. Federal Hwy., FTL

**New Rep Workshop at 12:30 PM**

## JUNE CELEBRANTS

not previously mentioned....

**Express Group**

Allie F. ~ 12 yrs.

**Coral Springs Grp.**

Marilyn ~ 52 yrs.

**Let's Study the Book**

Robbie ~ 2 yrs.  
Eileen M. ~ 34 yrs.

**DO YOU KNOW SOMEONE CELEBRATING  
A SOBER ANNIVERSARY THAT WOULD  
LIKE TO BE LISTED HERE?**

Let us know, [help@aabroward.org](mailto:help@aabroward.org)

**HAPPY  
BIRTHDAY**

## JUNE CONTRIBUTIONS

GROUP NAME	JUNE	CYTD
11 Stp Conscious Contact		120.00
12 Coconuts online		50.00
441 Group		100.00
545 Happy Hour		325.00
Alcoholics Anonymous	2,900.00	6,164.05
Back to Basics	200.00	500.00
Boca Men's Group		183.40
Brothers in Sobriety		200.00
Broward Men's		288.50
Broward Women's		235.00
Coral Springs Group	25.00	150.00
Daily Reflections with Pride		524.86
Dania After Work		180.00
Davie Women's Group		160.00
Deerfield Beach Study		378.99
Don't Forget		240.00
Downtown Big Book		216.00
Each Day a New Beginning		4,033.00
Easier Softer Way	1,250.00	1,250.00
Early Riser Group		800.00
East Naples Men's		1,556.20
Fort Laud Twelve Step		500.00
Fort Laud Men's Zoom		10.00
Fort Laud Women's		25.00
Fort Laud Primary Purpose		100.00
Free Thinkers		350.00
Free to Be		600.00
Free To Be Zoom		1,080.00
Freedom From Alcohol	175.00	715.00
French Intergroup		250.00
Fresh Start Beginners		2.08
Happy Joyous & Free		170.00
Harbor Group		200.00
Good Morning God Group		100.00
Imperial Pt. Sun. Nt.		300.00
IN Memorium		1,500.00
Intergroup Meeting	83.00	649.00
Into Action		235.00
KIS Lunchtime		442.00
KISS Today		420.75
Language of the Heart		70.00
Lambda Rising		125.00
Life in Recovery		130.00

GROUP NAME	JUNE	CYTD
Living in the Solution		1,223.00
Living in the Solution - Vrtl	243.00	838.00
Living Sober		100.00
Lunch Bunch in Plantation		540.00
Lunch Express		926.94
Made a Decision		5.45
Margate Men's Book Study		100.00
Melrose Park Group	449.40	449.40
Men's Independ - Online		132.15
Mid Day Sobriety	100.00	500.00
New Beginnings	100.00	365.76
New Way of Life		100.00
Nooners		200.00
Noontime Sober Living	425.00	1,425.00
North Beach Group		60.00
Oakland Park Group	561.50	1,331.50
Old Timers Group		1,179.52
One Day at a Time	48.00	278.78
Open Door		253.00
Peace of Mind Group		303.84
Pembroke Pines Last Stand		222.00
Perry Street South	383.00	707.50
Plantation Happy Hour		1,005.35
Pride 545		1,308.00
Riverside Group		157.60
Rule 62		105.00
Russian Speaking AA		150.00
Sandpebbles		200.00
Sands of Serenity	173.00	173.00
Saturday Morning Group	50.00	250.00
Sat AM Attitu of Gratitude	110.00	110.00
Serenity Hour	92.50	400.63
Serenity in the Park East		67.75
Serenity in the Park-SWR	225.00	1,035.00
Serenity Sisters		150.00
Smell The Coffee Group		10.37
Sober on the Beach	100.00	100.00
Sober Seniors		544.00
Sobriety 101		49.00
Spiritual Principles Group		379.00
Spiritual Principles Lambda		150.00
Splinter group	597.20	2,250.40
Stepping Out		106.00

contributions continued on page 7...

**CONTRIBUTIONS** *continued from page 6*

GROUP NAME	JUNE	CYTD
Sunlight of the Spirit		0.08
Sunrise Serenity		246.31
Surrender Group		150.00
Surrender is Freedom		20.00
The Anonymous Club	255.36	558.29
The Outsiders		204.30
Thursday Night Study		175.00
Traditions & Steps at 7p	39.19	152.19
Trivia Contest	100.00	100.00
True Self Group		75.00
Tuesday Nt. Step Group		83.00
University Big Book	35.00	225.00
Victor E		750.00
West Broward Women		200.00
Weston Stepper		63.00
Westside Men's Group		897.01

GROUP NAME	JUNE	CYTD
Why It Works		282.00
Women's Fri. Nt. BB Study		144.00
Women's Hope in Recovery		260.00
Women's Primary Purpose		110.00
Women's Sober Tribe	30.00	100.00
Women's Step by Step	40.00	200.00
You Are Not Alone		480.01
YANA Online		375.00
You're Off the Hook		308.99
TOTALS	8,790.15	51,730.95

**Thank you to all the groups and individuals who support Intergroup!! We could NOT do it without you!**



**THIS MONTH IN AA HISTORY**

- July 14, 1939** Dr. Harry Tiebout gives Big Book to Marty Mann, who throws it back at him.
- July 7, 1940** Bill W. attends 1st summer session at School of Alcohol Studies at Yale.
- July 3, 1955** 20th Anniversary AA Convention is in St. Louis, and Bill W. turns AA over to the fellowship.
- July 4, 1970** Bill W. gives his last talk at 35th AA Anniversary Convention in Miami.
- July 5, 1985** AA gives Ruth Hock the 5 millionth Big Book at the 50th AA Anniversary Convention.

**The 1st AA Trivia Contest** hosted by Intergroup was held at the Twelve Step House on a Saturday afternoon in June. Only two teams showed up to play, but it was lots of fun and the members of the winning team all enjoyed prizes!  
 Bravo to all the participants!!

**1st AA Trivia winners:**

**Bob H.  
Lara  
Colleen  
Sherry**

Answers from page 4: negative, sincerity, collapse, obstacles, instruments, grandiose, financial, survival, suggestion, objection, frivolous, sensation

**Definition of Broward County Intergroup, Inc.**

Your Intergroup office services all groups in the Broward County area. It is not a governing body and does not attempt to, nor can it, rule any AA Group. Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work "carrying the message" to the sick alcoholic. The Intergroup office is supported entirely by contributions from groups, usually a specified amount each month or at intervals throughout the year.

## MEETING CHANGES

Our website has the most up-to-the-minute information available.  
<https://aabroward.org/locations> or <https://aabroward.org/virtual-meetings>

### Monday

**NEW MEETING AA at the Place** meets at Mt. Olivet Church, 649 NW 15 Way, Ft. Lauderdale, ORF 7 PM.

**Riverland Recovery** is meeting again at Abiding Lutheran Church, 1900 SW 35 Ave, FtLaud. OLT 6 PM.

**Women's Honesty** which meets in Hollywood has changed the start time of meeting to 7 PM.

### Tuesday

**Why it Works** which meets at First Presbyterian on Tarpon Drive in Fort Lauderdale has changed it's time. They will now meet at 7 PM.

### Wednesday

**Women's Primary Purpose** has relocated from A1A in Deerfield to Zion Lutheran Chapel, 959 SE 6 St.

### Thursday

**NEW MEETING We Agnostics** meets at the Recovery Community Center. 5400 W Atlantic Blvd., Margate. This is a secular meeting. OD 5:30 PM **THEY NOW CHANGED DAY TO WEDNESDAY.**

### Friday

**The Eye Opener** which was meeting in Pembroke Pines will NO LONGER MEET IN PERSON. They are still holding virtual meetings M-F.

**Central Fact** that met at St. Ambrose Church in Deerfield has moved to the Community Presbyterian School Hall on A1A, 1920 SE 4th St. and has CHANGED TIME & TOPIC. It will now be OSP at 7 PM.

### Sunday

**Namaste Group** which meets at the West Broward Club in Davie has changed the time to 10 AM.

**Serenity at the Beach** which meets in Pompano at the beach has changed the start time to 6:30 PM.

**Early Risers Sunday** which met in Plantation is moving for summer to Dunkin Donuts in Davie, 9170 W State Road 84. 7 AM.

*Things we cannot change.....*

**David S.**



*He will be missed by all who knew him. May he rest in peace.*

## Upcoming Events

- |                   |  |
|-------------------|--|
| <b>July 18</b>    | <b>Customer Appreciation Day</b> Intergroup Bookstore, 3317 NW 10th Terrace, Oakland Park, Sales, Refreshments, Door prizes, Raffle. 11 AM—3 PM  |
| <b>Aug 6-9</b>    | <b>68th Florida State Convention</b> Rosen Plaza Hotel in Orlando. To get registered or get more information, go to <a href="https://68.FloridaStateConvention.com">https://68.FloridaStateConvention.com</a>            |
| <b>Sept 18-20</b> | <b>Women in Recovery Conference</b> * Opal Grand Hotel in Delray, Registration \$65 For more info go to <a href="http://www.thewomeninrecovery.com">www.thewomeninrecovery.com</a> Speakers, Banquet, Fun and Fellowship |

\*Not an AA-sanctioned event.