



SUITE 404

BROWARD COUNTY INTERGROUP, INC.

3317 NW 10th Terrace, Suite 404, Oakland Park, FL 33309

Phone 954-462-0265, 954-462-7202; www.aabroward.org

Email: help@aabroward.org

VOLUME 2
FEBRUARY 2022

Step 2 - "Came to believe that a Power greater than ourselves could restore us to sanity."

BIG EGO, BIGGER CUP

The first time I drank, I was in junior high at a high school party. I wanted to be like everyone else. I drank a lot of whiskey, threw up and passed out.

After high school, I became what I thought was a responsible drinker. I only drank too much at parties when everyone else was doing it, and when I wasn't the designated driver. And yet, I even found opportunities to get drunk in the desert, in a country where alcohol was outlawed. And I was always the one who got helped home or poured back into the tent.

In the Marines, I learned that drinking brought acceptance. My disease matured. Later I put myself through college, bingeing on occasion. I worked hard and played hard.

Only a few years into my career, I was able to turn a hobby of mine into a successful business. My company grew faster and larger than I had ever imagined possible, and I thought God had chosen me to be the next great entrepreneur. As my ego grew, so did the size of my cup. I started out with just a bottle of wine, drinking in the evenings at home. In time, I switched to martinis. After all, martinis are what successful business-owners drink.

After seven years of wild success, I gambled everything to create a second company, ignoring the many warning signs in my way. I consequently lost everything in a three-year span.

For six months I sat in my empty house and festered in self-pity, rejecting my part in it all. The world had done me wrong. God didn't provide what was necessary to make my second company work; he'd stopped listening to me.

Three days before the sheriff put a foreclosed sign on the door of my house, I was able to sober up long enough to move to a nearby town and

INSIDE THIS ISSUE

Tradition Two	2
Word Puzzle	4
Committee Updates	4
Monthly Meetings	5
Anniversaries	5
Meeting Changes	8
Upcoming Events	8

**THE INTERGROUP
APPRECIATION BANQUET
TABLES ARE SELLING FAST.
LIMITED SEATING.
CALL INTERGROUP TODAY IF
YOU NEED A TICKET.
APRIL 23, TROPICAL ACRES -
\$50 PER PERSON**

CONCEPT II

**The General Service
Conference of A.A. has
become, for nearly
every practical purpose,
the active voice and the
effective conscience of
our whole Society in its
world affairs.**

(continued on page 3)

Tradition Two - "For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

A Going Concern

The feeling among Quebec AAs was that there should be a Sunday morning meeting in Verdun. The Loner's Club on Wellington Street had closed in 1993 and the Verdun Breakfast Meeting was no more. For a while members looked for another site but quite a few were rejected for various reasons.

On April 4, 1996, one of the interested AAs learned that the upstairs hall at the Verdun Legion Hall might be available on Sunday mornings. A couple of members got together and contacted the Legion president, saw the hall, and began negotiations over rent. He went from a price that was too high for a new group to cover solely from Tradition Seven to free. However, as we all should know, groups who continue to exist must pay their own way. Finally the Legion and the group agreed to an amount.

Ron, John, Chico, Diane and others agreed to pitch in and the target date for the first meeting was to be May the fifth.

The idea was talked up at the meetings in the area. Bob donated two small coffee pots, a Big Book, and a "Twelve and Twelve." Don sent us two Big Books. Charlie showed up with items from the old Verdun Breakfast Meeting and Ken, Ron, and John took it all to the hall.

By nine A.M on Sunday morning, May 5, 1996, the hall was set up and the light was red on the coffee machine. Ron was ready to chair, Ken was secretary. Danny was the first speaker. People began arriving. At ten A.M. there were thirty-five people in the hall. Thirteen people joined the group that morning. We were on our way.

A business meeting was held to permit people to come up with a group name which would be decided the following week. After many suggestions, the name finally chosen to show our proximity to the subway system was Verdun Metro. We began to gel as a group--in spite of personalities. Tradition Two showed us how to overcome our growing pains and solve problems promptly.

One of the most difficult was the decision not to have children at our meeting. Group conscience prevailed and although children are sometimes present when a member takes a cake or chip, they are very rarely on the scene. We are grateful to the members who accepted this decision with dignity.

Newcomers continued to show up at our meetings and get sober and join the group. Members who had been having a hard time got serious. We elected a GSR who attends district and area meetings and tries to keep us informed of things affecting AA as a whole. In other words, we have become a viable AA group because we keep it simple and abide by the Traditions, especially the Second one.

—Charlie A., Verdun, Quebec

Copyright © AA Grapevine, Inc., October 1999 Reprinted with permission.

Suite 404 is a monthly publication of Broward County Intergroup, Inc. (BCI). The opinions expressed here are not necessarily those of BCI or AA as a whole. The deadline for submission is the 15th of each month. Material may be edited for space and content. We welcome your stories, news and comments. Please send your submissions to help@aabroward.org.

(continued from page 1)

get a job that was well beneath me. Almost a year after throwing in the towel, my bankruptcy went through and I was officially a nobody. Now I had the perfect excuse to drink.

I drank wine and beer at home, making sure to wait until the evening so I wouldn't stink at work. On my days off, I drank to oblivion. At 8:30 in the morning it was 5:30 p.m. somewhere in the world, so I had the right to pop a beer. Why I was so proud that I could out-drink people twice my size, I do not know.

Every once in a while I would decide it was time to quit. I would say to myself, "Tonight, I'm not going to drink." Yet that evening there I was at home again, with my bottles of wine and a beer back-up in the fridge, just in case the wine didn't get me where I needed.

The last night I drank, I finished up everything in the house, then stumbled down to the dive bar around the block. I did shots by myself, buried my head in my arms, and cried. I was completely broken.

The next morning, I went to work stinking, almost got caught, and faked being sick so I could go home. I called my company's employee assistance line but, due to some bureaucracy, they couldn't do anything for me for three weeks. The VA took another four weeks to return my call. Finally I left a message with the local AA number given to me by the hotline. The next morning, a kind man's voice gave me directions to a noon meeting starting in two hours.

I learned later that everyone at the meeting knew I was coming. They had changed the meeting's focus in advance to the First Step. As I watched people come into the room, they all looked normal. No one wore a raincoat or appeared as if they lived under a bridge clutching a brown paper bag.

They told me about what it was like before, what had happened to them, and what life was like for them now. They gave me some time to speak at the end. I don't really know what I blubbered out.

After the meeting people came up and told me to keep coming back. It took another week to dry out. In the meantime I began to notice that everyone in the rooms had come in with the same thoughts and the same problems as mine. They all went through hell and back, but now they were happy. I was sold. I bought right in.

In the following months, I started working the Steps. I found a wonderful sponsor who gave up her afternoons to talk to me. I took everyone's advice and applied it the best I could.

I discovered that I couldn't control God; it wasn't my place to tell him what I needed and what he should give me. I had the stream in reverse: I had to let God flow into me. He was going to reveal himself to me in his way, in his time, because he was the creator who loved me. It was a whole new experience of life that I had never known to be possible. I started seeing in colors again. I started being happy, and even started to tell corny jokes. The more I healed, the more I noticed that others around me were at ease.

Thanksgiving evening, I found out my mother had a recurrence of pancreatic cancer. I still harbored a huge resentment and solid anger toward her. Close friends in AA advised me to make amends while she was still alive, even though I wasn't near the Eighth Step yet. I shared about it at my daily meetings and consulted with my sponsor for a month and a half. Finally, if I was going to actually do it, I needed to set the date to drive down to her state. So I did.

(Continued on page 6)

General Service Office, NY

Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Bridging The Gap

877.207.2242

Broward Co. Intergroup, Inc.

3317 NW 10 Terrace, Ste. 404
Ft. Lauderdale, FL 33309
954.462.0265

BCIC

P.O. Box 22701
Ft. Lauderdale, FL 33335

Area 15 General Service

Treasurer, P.O. Box 311
Safety Harbor, FL 34695

District 9 General Service

P.O. Box 100126
Ft. Lauderdale, FL 33310

Recovery Word Puzzle

DIGMEANI
TRILPACCA
REEFSED
OTRUYHATI
DOMFREIN
ISPOONNI



Unscramble the letters. Answers to puzzle can be found on page 7. Words for this puzzle have been used somewhere else in this edition of Suite 404.

VOILOBNI
CRESTINIDO
ADHLEE
BRADHRO
NOOTCVINNE
PAGNCMI

SCC 2022

Broward County Intergroup's **Sober Camping Conference**

to be held at Hugh Birch State Park in Ft. Lauderdale, April 1-3, 2022

Will have the next planning meeting on Zoom, March 1st at 8:00 PM

We still need volunteers to serve on various committees. Come sign up and serve.

Zoom ID 241 331 6306 PW 6Hzur4

2022 Florida State Convention to be held on Fort Lauderdale Beach

STILL NEEDS VOLUNTEERS...NEXT PLANNING MEETING

The Center for Spiritual Living 4849 North Dixie Hwy, Oakland Park, FL 33334

Mask required if not vaccinated (facility rules)

Hybrid option Available

Saturday, February 19th, 2022 at 9:00 AM

More info, Chair2022fsc@gmail.com

SERVICE KEEPS YOU SOBER



HAPPY
Valentine's
DAY

A.A. Birthdays

February Celebrants

Spiritual Principles

Roy C. ~ 5 yrs.
Kerry W. ~ 37 yrs.
Joe F. ~ 39 yrs.
Laurey T. ~ 39 yrs.

New Life Group

Rod ~ 5 yrs.
Bob D. ~ 14 yrs.

East Naples Men's

Donald M. ~ 21 yrs.
Richard P. ~ 29 yrs.
Howard M. ~ 10 yrs.

Serenity Altogether

Ernie F. ~ 35 yrs.
Mike L. ~ 44 yrs.

Pompano Beach

Susan ~ 11 yrs.

Early Risers

Victoria L. ~ 11 yrs.

Easier Softer Way

Richard W. ~ 6 yrs.
Chris W. ~ 7 yrs.

Saturday Morning

Awareness

Ryan T. ~ 8 yrs.
Ann P. ~ 30 yrs.
Jon J. ~ 40 yrs.

Living in the

Solution

Giselle ~ 2 yr.
Elena ~ 12 yrs.

Brothers All Living

Life Sober (Balls)

Carlos R. ~ 29 yrs.

Free To Be

Bob M. ~ 9 yrs.

Into Action

Beth D. ~ 39 yrs.

Dania After Work

Sherri D. ~ 12 yrs.
Cathi D. ~ 4 yrs.

Tamarac Group

Anne B. ~ 16 yrs.

Russian Alcoholics

Dmitry T. ~ 6 yrs.

Women's Honesty

Catherine P. ~ 20 yrs.
Peggy ~ 49 yrs.

Coral Springs As Bill

Sees It

Milinda B. ~ 16 yrs.

Let's Do Lunch

Bunch

Duayne K. ~ 16 yrs.
Robert S. ~ 40 yrs.
Daniel F. ~ 15 yrs.
Jim A. ~ 20 yrs.
Robert A. ~ 32 yrs.
Dermot ~ 46 yrs.

Living in the Solution

Virtual

James G. ~ 3 yrs.

Oakland Park

Sandy P. ~ 51 yrs.
Pete B. ~ 34 yrs.
Jerry N. ~ 20 yrs.

Mountain Group

Kathy L. ~ 40 yrs.
Mike J. ~ 36 yrs.

Women's Noontime

Boost

Priscilla M. ~ 20 yrs.

Came to Believe

Laura M. ~ 18 yrs.

Westside Men's

Greg G. ~ 14 yrs.
Happy Bob ~ 19 yrs.

Don't Forget

Jay L. ~ 41 yrs.

Express Group

Ashley J. ~ 12 yrs.
Reggie J. ~ 12 yrs.
Diana P. ~ 9 yrs.
Annie G. ~ 34 yrs.

No. Lauderdale Back

to Basics

Victor T. ~ 22 yrs.

Melrose Park

George G. ~ 15 yrs.

JOIN THE BIRTHDAY CLUB!

Celebrate your sobriety by sending \$1 per every year sober to your local Intergroup office to show your gratitude and give back once a year.

(Birthday listings are not contingent upon contributions...we just like to celebrate sobriety.)



BCIC

Broward County Institutions Committee will hold their next meeting on

Saturday, February 5th
10:00 AM

Twelve Step House,
205 SW 23rd St., Ft. Lauderdale

The next **Intergroup Meeting** will be held on

Sunday, February 27th
at 1:00 PM

Twelve Step House
205 SW 23rd St., Ft. Lauderdale

JANUARY CELEBRANTS *not previously mentioned....*

Spiritual Principles

Cathy M. ~ 11 yrs.
Andy K. ~ 21 yrs.
Ann T. ~ 25 yrs.
Peggy G. ~ 37 yrs.

Downtown Dry Dock

Larry M. ~ 10 yrs.

Deerfield Beach

Greg B. ~ 6 yrs.

Serenity Altogether

Kelly ~ 4 yrs.

No. Lauderdale

Back to Basics

Bart C. ~ 13 yrs.

Sunday Morning

Together

Mike O. ~ 31 yrs.

Joann P. ~ 11 y

Other Notables

Mary S. ~ 40 yrs.
Donna T. ~ 28 yrs.

Davie Women's

Erika T. ~ 8 yrs.

Sunlight of the

Spirit

Trish R. ~ 5 yrs.

Copyright © AA Grapevine, Inc., May 2013 Reprinted with permission.

Baskets or pictures/descriptions need to be at Intergroup no later than April 20th.



They will be missed. May they rest in Peace.

Faithful Fivers are fellow A.A. members who donate five dollars (\$5) a month to Intergroup as an act of gratitude. Their generosity helps us to carry the message of A.A. to the still sick and suffering alcoholic throughout the year.

(Easy to set up with your bank or through PayPal)

Thank you to our Faithful Fivers and all our Contributors! You are all so appreciated!

Tom J	James H.	Brian H.	Al G.	Fred L.	Cassandre D.	Kerry W.	Ed H.	Gina B.
Liz J	Gerry B.	Steven L.	Glen P.	Laura E.	Drew B.	Marsha M.	Thomas J.	Marcy B.
Gregory C.	Robert H.	Barbara S.	Richard M.	Janine C.	Valerie J.	Maggie H.	Sandy R.	Wilma D.
Suzanne J.	Don W.	Jenae R.	Ali S.	Sheila C.	Giselle P.	Jim S.	Gayle K.	Anne B.
Bob H.	Denise J.	Jerilynn D.	Erich N.	Marilyn M.	Laurel	Javier C.	Phyllis P.	Susan O.
Anonymous	Drew B.	Charmaine	Russell S.	Elizabeth C.	Tony A.	John B.	Marcy H.	Lorna V.
Elizabeth B.	David S.	Michael T.	Nicolle N.	Chester W.	Julie L.	Arthur M.	Douglas R.	Walter B.
Ron J.	David J.	Alexander W.	Kathy	Larry C.	Amanda T.	Debra B.	Sally S.	Denis H.
Lois O.	Bonnie T.	Gary S.	Peggy D.	Robert K.	Kathryn R.	Kerry F.	Kathleen R.	George D.
Jennifer S.	Anonymous	Dave J.	Peggy G.	Jackie P.	Carla B.	Nick B.	Phillip N.	Kenneth K.
Pat R.	Michael E.	Patrick M.	Tracy S.	Dan D.	Corinne S.	Heidi A.	Charles W.	Stephen U.
Beth D.	Stephen W.	Patrick C.	Carmen D.	Robert B.	Jennifer E.	Craig S.	Emily P.	Steven S.
Craig G.	Marlene A.	Joe G.	Sharon G.	Gil W.	Michael P.	Paul A.	Christine Y.	Dianne N.
Vickie T.	Ernie F.	Nancy S.	Jeff H.	Nancy M.	Nancy N.	Robert M.	Barbaree K.	Justine H.
Howie K.	HBeta	Mary S.	Paul	Trish F.	E - Walter	Sam B.	Karen L.	Laurey T.
Sheldon V.	Ronald B.	Allison B.	Victoria M.	Robert A.	George O.	Dan M.	Michael B.	Adie M.
Stephen H.	Dennis G.	Ellen F.	Robert S.	Nancy G.	Gwendolyn			

Answers from page 4: imagined, practical, festured, authority, informed, opinions, oblivion, directions, healed, harbored, convention, camping

I AM RESPONSIBLE....

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,
I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.

NAME: _____ GENDER: _____

PHONE: _____ EMAIL: _____

PREFER: VOICE: _____ TEXT: _____ EMAIL: _____ CITY OF RESIDENCE: _____

WILL CALL BACK: _____ AND/OR PAY A VISIT: _____

AVAILABILITY: MONDAY to FRIDAY: _____ WEEKENDS: _____

8:00am-12:00pm _____ 12:00pm-5:00pm _____ 5:00pm-9:00pm _____ 9:00pm-8:00am _____

TO COMPLETE A 12-STEP CALL, you only need to be sober one day, but you NEVER GO ALONE.
THANK YOU FOR YOUR SERVICE! SEND COMPLETED FORM TO: help@aabroward.org

Definition of Broward County Intergroup, Inc.

Your Intergroup office services all groups in the Broward County area. It is not a governing body and does not attempt to, nor can it, rule any AA Group. Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work "carrying the message" to the sick alcoholic. The Intergroup office is supported entirely by contributions from groups, usually a specified amount each month or at intervals throughout the year.

The office purchases and sells all conference-approved books and literature to groups throughout Broward County.

MEETING CHANGES

Monday

Monday Morning Women is now meeting live again at St. David's Church on University Drive in Davie. 11 AM.

Focus on Sobriety which used to meet in Tamarac NO LONGER MEETS.

Bonaventure Weston BB Workshop is now meeting live again in Weston at St. Bonaventure Church.

Big Book Meditation in Wilton Manors has moved to 1410 NE 26th Street.

Tuesday

True Self Group that met at the Sober Today Club in Hollywood has moved to Hollywood Hills United Methodist Church at 400 N 35th Avenue. Enter through back and go up the stairs. 7:30 PM.

Tuesday Night Step Group is now meeting in-person and virtually at St. Benedict's Episcopal Church, 7801 NW 5th Street, Plantation. 7:30 PM. CSTR

Wednesday

Live Laugh Love is now in person again only on Wednesday at St. Benedict's Episcopal Church, 7801 NW 5th Street, Plantation. 7 PM Ow. (The Saturday meeting is still Zoom only.)

Thursday

Came to Believe in Pembroke Pines is now meeting live again at 7 PM, Temple Beth Emet, 4807 S Flamingo Road, Cooper City.

Seniors in Sobriety that met in Coral Springs at 10 AM NO LONGER MEETS.

Friday

Nuts & Bolts that met at the Sober Today Club in Hollywood NO LONGER MEETS.

Sunday

Good Morning God is no longer meeting on Sundays in Tamarac at Our Place Too.

Daily

Pride 5:45 now ONLY meets live and is in-person 7 days per week in Wilton Manors at the Pride Center.

**WE ARE FINALLY GOING TO HAVE ANOTHER PRINTED
WHERE & WHEN COMING OUT THIS MONTH
WHICH WILL INCLUDE BOTH IN-PERSON AND ONLINE MEETINGS
WE ARE ONLY PRINTING 1000 BECAUSE CHANGES ARE STILL HAPPENING
PLEASE LET US KNOW IF YOU KNOW OF ANY CHANGES TO MEETINGS!!**

Upcoming Events

Feb. 10-13 **58th International Women's Conference** in Santa Fe will be virtual. \$10 For more info email 58thIWCVirtual@gmail.com

Apr. 1-3 **SCC2022** Broward County Intergroup's first Sober Camping Conference. Birch State Park. Save the date! Only 118 overnight spots. \$45 registration for adult overnight includes T-shirt and lodging. Meal charges separate. Commuter registration is \$15. Call or email office 954.462.0403 or help@aabroward.org to reserve spot with credit card, or send payment with completed registration form before March 1st. Workshops, fun, food, fellowship.

Apr. 23 **58th Intergroup Appreciation Banquet** will be held at Tropical Acres, Griffin Rd. \$50, fundraiser for Intergroup. 4 course meal, 2 speakers, basket raffle, fellowship. Must have ticket to attend. Limited seating.