



SUITE 404

BROWARD COUNTY INTERGROUP, INC.

3317 NW 10th Terrace, Suite 404, Oakland Park, FL 33309

Phone 954-462-0265, 954-462-7202; www.aabroward.org

Email: help@aabroward.org

VOLUME 8
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Step 8 - "Made a list of all people we had harmed and became willing to make amends to them all."

More Than Words Could Say

For one AA, Step Eight is all about connecting

There's an urge within many of us to say something, to let it fly without a thought. At least there is for me. Yet many times, the strongest response I can give is silence. I never saw this concept so honestly and eloquently exhibited as I did at a recent study group meeting on the Eight Step.

After reading the "Twelve and Twelve's" rendition of Step Eight, the discussion started weaving around the tables involving laments such as, "I haven't gotten that far yet," and "My sponsor told me not to forget to put myself on the list as a person I had harmed." Then we came to Dan.

Dan is a war veteran. He came back home from his war, married, demolished his family with his drinking, then one night demolished himself in a head-on collision with a light pole. It left him disabled, with a brain stem injury. When I first met Dan he tested my tolerance as I tried to follow his train of thought. The more I made an effort to do it, the more I learned to love and learn from him. Like most of us, he could go on and on or be done in a minute, but there was always a golden nugget I could pan from his comments. I always waited anxiously for Dan's turn.

"My name is Dan," he said, "and I'm an alcoholic." Then he sat there in total silence. It was extremely unsettling. Dan's head bobbed as if he was reverently acknowledging each of his precious amends made with every nod of his head. There was just silence as the group looked on in awe.

I saw Dan's eyes glaze as I envisioned him feeling the sting of transgressions that prompted his amends. He graced us by showing in silent beauty what it is like to be humbly human. There was not one tear. Remorse was not part of this silence's vocabulary. Dan

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SHOP LOCAL

**DON'T FORGET ...
WE SHIP ANYWHERE
IN THE U.S. AT PRIORITY
RATES AND DELIVER
LOCALLY**

Concept VIII

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Tradition Eight- “Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.”

Pay Them, Not Me

Doing service is one thing, working an eight-hour job is another

Going on Twelfth Step calls, chairing meetings, sharing my story, doing H&I service, working on special committees for AA events, and doing general service for my home group are all types of service work, but they do not by any means qualify as paying positions. However, AA does hire people to perform certain tasks.

While I do work a full-time job and have a life, the truth is that the time I give to Alcoholics Anonymous is an investment in my sobriety. I do not need to get paid, nor would I want to. To be paid would take away from the humbling and spiritually fulfilling aspect of service that I need to stay sober.

The work I do that's not seen by everyone is definitely the most rewarding, such as when I am sitting at home counting envelopes or preparing my report for my home group. It's especially rewarding when I don't feel like doing it, but I do it anyway. This kind of service helps me to learn accountability, discipline and humility, which I often lack. These traits can't be bought.

We're taught in Alcoholics Anonymous that service will keep us sober. We're also taught that no person should make a sole vocation of such work. I actually look forward to retiring and donating a larger chunk of time to AA and general service work.

Now, how about those paid positions in AA? How about the men and women at the General Service Office (GSO) who answer phones for book orders, or the ones who process the countless letters, articles, questions, comments, updates or donations? These activities may be service, and even though it's for AA, these are jobs.

Truth is, these jobs actually help make my Twelfth Step work a lot easier. When I call GSO as a part of a service commitment, the person on the line is helping me to carry the message, via books and other literature. They also sometimes answer questions and share experiences other groups may have had. But in truth, the work they do at GSO is hard work—and they should get paid.

I don't put in an eight-hour day for AA. Sure, in the course of a week I may put in a few hours, but that's my time. Any person who is putting in a 40-hour week to facilitate the running of AA should be paid. Anyone who puts in time carrying the message and working with others and thinks they should get paid, I will pray for!

Jennifer M., Mobile, AL Copyright © AA Grapevine, Inc., August 2014 Reprinted with permission.

Suite 404 is a monthly publication of Broward County Intergroup, Inc. (BCI). The opinions expressed here are not necessarily those of BCI or AA as a whole. The deadline for submission is the 15th of each month. Material may be edited for space and content. We welcome your stories, news and comments. Please send your submissions to help@aabroward.org.

(continued from page 1)

had accepted what he'd done, made his amends and gone on as best he could.

Then, head still bobbing, Dan looked at each of us one by one. It was a serious, but understanding, glance. At first I winced, but the meaning of his expression came to me: "We're all in this together or we are not in it at all."

Isn't that the basic truth of the Eight Step? Never in my life had I felt more a part of somebody or that somebody was a part of me as when Dan's eye fixed on mine. In his own way, Dan had told me it is not so hard to make our amends when we understand that, other than being alcoholic, we aren't so different from anyone else, nor they from us. For all of us on both sides of the fence, it is as simple as doing the right thing.

I don't know how much time passed at the end of this. "I pass," Dan said, as he interlocked his fingers and bowed his head. I looked around a stunned room. Dan had made more sense by saying nothing than many of us had with all our words. For me, it was a precious point of silence I will never forget.

Bill O. | Oconto, Wisconsin

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We Love our Intergroup Volunteers



Tradition Eight: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get *some* reward – even if not money – for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on *humility*?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition – How It Developed*?

Reprinted with permission. Copyright © AA Grapevine, Inc. "Twelve Traditions Checklist"

General Service Office, NY

P.O. Box 459
Grand Central Station
New York, NY 10164-0371
212.870.3400

Bridging The Gap

877.207.2242

Broward Co. Intergroup, Inc.

3317 NW 10 Terrace, Ste. 404
Ft. Lauderdale, FL 33309
954.462.0265

BCIC

P.O. Box 22701
Ft. Lauderdale, FL 33335

Area 15 General Service

Treasurer, P.O. Box 311
Safety Harbor, FL 34695

District 9 General Service

P.O. Box 100126
Ft. Lauderdale, FL 33310

Recovery Word Puzzle

GRITNEN
KABETS
ROODENH
SMELTNA
CRUISEOP
TREC SLAI



Unscramble the letters. Answers to puzzle can be found on page 7. Words for this puzzle have been used somewhere else in this edition of Suite 404.

GREINAWDR
NIDEWC
LIVODEN
VEERSIC
STREEBLANC
BOREELISSNP

The 65th Florida State Convention

Hosted by District 9 at

Ft. Lauderdale Harbor Beach Marriott Resort & Spa

August 3-7, 2022 will be having their

NEXT PLANNING MEETING

Saturday, August 21st, 9:00 AM

LIVE AND IN PERSON

Center for Spiritual Living

4849 N Dixie Hwy, Oakland Park

**Your Intergroup
Bookstore is now
open on
Saturdays from
10 AM—2 PM**

2021 Intergroup Picnic

Has volunteer positions available on the following committees:

Tickets
Grill cook
Food Prep
Serving
Volleyball
Kids Games
Clean up
Coffee

Come get involved in the fun and fellowship!



2021 Intergroup Picnic

PLANNING MEETING on ZOOM

Wednesday, August 11th
6:30 PM

Zoom ID 241 331 6306
PW 6Hzur4



The bookstore is still open only on a limited schedule, Mon-Fri 1-6 PM, and NOW Saturdays 10 AM -2 PM. Please call, email or place the order online and we will get it ready for pickup or shipping. We accept cash, checks or credit cards.

SERVICE KEEPS YOU SOBER



A.A. Birthdays

August Celebrants

Davie Women's

Patty L. ~ 16 yrs.

Easier Softer Way

Taryn ~ 19 yrs.

Nancy G. ~ 8 yrs.

Entirely Ready

Adie M. ~ 34 yrs.

Riverside Group

Denise J. ~ 43 yrs.

Living in the Solution

Eddie C. ~ 1 yr.

Carolina ~ 1 yr.

Sam P. ~ 1 yr.

Yechiel ~ 2 yrs.

Cayla W. ~ 2 yrs.

Ron R. ~ 2 yrs.

Steve B. ~ 4 yrs.

Allison B. ~ 5 yrs.

Bernie G. ~ 5 yrs.

Marty S. ~ 7 yrs.

Ashley F. ~ 8 yrs.

Krista A. ~ 10 yrs.

Lori B. ~ 13 yrs.

Meditation at the

Rock

Jennifer R. ~ 7 yrs.

Ken ~ 25 yrs.

Fort Lauderdale

Women's

Lisa M. ~ 16 yrs.

Beverly P. ~ 35 yrs.

Happy Destiny

Kathy G. ~ 43 yrs.

Broward Men's

Max ~ 7 yrs.

JD ~ 7 yrs.

Will ~ 7 yrs.

Brian E. ~ 6 yrs.

Oakland Park

Don W. ~ 39 yrs.

David S. ~ 39 yrs.

Let's Do Lunch

Charlie G. ~ 27 yrs.

Westside Men's

Scott Z. ~ 28 yrs.

Serenity Altogether

Rick B. ~ 27 yrs.

John T. ~ 10 yrs.

Ken M. ~ 45 yrs.

Downtown Dry Dock

Terri S. ~ 18 yrs.

Patty M. ~ 15 yrs.

Coral Ridge Group

Erica ~ 5 yrs.

Chickee Group

Sue Y. ~ 38 yrs.

Other Notables

Cassie C. ~ 10 yrs.

Sandy S. ~ 24 yrs.

Helene H. ~ 14 yrs.

Spiritual Principles

Peter G. ~ 12 yrs.

Carmen D. ~ 13 yrs.

Glenn S. ~ 21 yrs.

Linda W. ~ 38 yrs.

Women's Honesty

Marsha M. ~ 25 yrs.

Laura P. ~ 16 yrs.

Charmaine ~ 6 yrs.

Ruthie ~ 5 yrs.

Ft. Lauderdale Men's

Dick R. ~ 61 yrs.

Coral Springs As Bill

Sees It

Barbara ~ 11 yrs.

Monica ~ 10 yrs.

Mark ~ 32 yrs.

Kevin ~ 8 yrs.

Men's Independence

Eddie G. ~ 45 yrs.

Nico ~ 11 yrs.

Express Group

Greg B. ~ 30 yrs.

Paul A. ~ 20 yrs.

Nick ~ 9 yrs.

Joanne ~ 33 yrs.

Vernon ~ 33 yrs.

Esther ~ 15 yrs.

Hollywood Men's

Joe A. ~ 33 yrs.

Tom ~ 26 yrs.

New Day Group

Karo ~ 13 yrs.

Jeanne B. ~ 6 yrs.

Frank M. ~ 6 yrs.

True Self Group

Hannah A. ~ 32 yrs.

JOIN THE BIRTHDAY CLUB!

Celebrate your sobriety by sending \$1 per every year sober to your local Intergroup office to show your gratitude and give back once a year.

(Birthday listings are not contingent upon contributions...we just like to celebrate sobriety.)

**STAY SAFE,
STAY SOBER &
STAY HEALTHY
PLEASE**



BCIC

Broward County Institutions Committee will hold their next meeting on

**Saturday, August 7th
10:00 AM**

Twelve Step House,
205 SW 23rd St., Ft. Lauderdale

The next **Intergroup Meeting** will be a HYBRID meeting
**Sunday, August 22nd
1:00 PM**

Zoom ID 241 331 6306 PW 6Hzur4
Twelve Step House
205 SW 23rd St., Ft. Lauderdale

Express Group ~ 45 yrs.



*2020 Broward County
Intergroup Appreciation Banquet
Saturday, October 2, 2021
Tropical Acres Steakhouse
6:00—10:00 PM*

*Would you or your group like to contribute
a gift or basket for the raffle?*



IF YOU PURCHASED A TICKET
FOR THE 2020 INTERGROUP BANQUET
IT WILL BE HONORED AT THE 2021 BANQUET.

IF YOU DO NOT PLAN ON GOING AND WOULD LIKE TO RESELL

PLEASE CALL INTERGROUP AT 954.462.0403

Is your meeting looking for a new physical home?

The 441 Group is now renting space.

Call Intergroup for details.



Things we cannot change...

Rick S.

He will be missed. May he rest in peace.

Faithful Fivers are fellow A.A. members who donate five dollars (\$5) a month to Intergroup as an act of gratitude. Their generosity helps us to carry the message of A.A. to the still sick and suffering alcoholic throughout the year.

(Easy to set up with your bank or through PayPal)

Thank you to our Faithful Fivers and all our Contributors! You are all so appreciated!

Tom J	James H.	Brian H.	Al G.	Fred L.	Cassandre D.	Kerry W.	Ed H.	Gina B.
Liz J	Gerry B.	Steven L.	Glen P.	Laura E.	Drew B.	Marsha M.	Thomas J.	Marcy B.
Gregory C.	Robert H.	Barbara S.	Richard M.	Janine C.	Valerie J.	Maggie H.	Sandy R.	Wilma D.
Suzanne J.	Don W.	Jenae R.	Ali S.	Sheila C.	Giselle P.	Jim S.	Gayle K.	Anne B.
Bob H.	Denise J.	Jerilynn D.	Erich N.	Marilyn M.	Laurel	Javier C.	Phyllis P.	Susan O.
Anonmous	Drew B.	Charmaine	Russell S.	Elizabeth C.	Tony A.	John B.	Marcy H.	Lorna V.
Elizabeth B.	David S.	Michael T.	Nicolle N.	Chester W.	Julie L.	Arthur M.	Douglas R.	Walter B.
Ron J.	David J.	Alexander W.	Kathy	Larry C.	Amanda T.	Debra B.	Sally S.	Denis H.
Lois O.	Bonnie T.	Gary S.	Peggy D.	Robert K.	Kathryn R.	Kerry F.	Kathleen R.	George D.
Jennifer S.	Anonymous	Dave J.	Peggy G.	Jackie P.	Carla B.	Nick B.	Phillip N.	Kenneth K.
Pat R.	Michael E.	Patrick M.	Tracy S.	Dan D.	Corinne S.	Heidi A.	Charles W.	Stephen U.
Beth D.	Stephen W.	Patrick C.	Carmen D.	Robert B.	Jennifer E.	Craig S.	Emily P.	Steven S.
Craig G.	Marlene A.	Joe G.	Sharon G.	Gil W.	Michael P.	Paul A.	Christine Y.	Dianne N.
Vickie T.	Ernie F.	Nancy S.	Jeff H.	Nancy M.	Nancy N.	Robert M.	Barbaree K.	Justine H.
Howie K.	HBeta	Mary S.	Paul	Trish F.	E - Walter	Sam B.	Karen L.	Laurey T.
Sheldon V.	Ronald B.	Allison B.	Victoria M.	Robert A.	George O.	Dan M.	Michael B.	Adie M.
Stephen H.	Dennis G.	Ellen F.			Gwendolyn			

Answers from page 4: renting, basket, honored, laments, precious, articles, rewarding, winced, involved, service, celebrants, responsible

I AM RESPONSIBLE....

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,
I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.

NAME: _____ GENDER: _____

PHONE: _____ EMAIL: _____

PREFER: VOICE: _____ TEXT: _____ EMAIL: _____ CITY OF RESIDENCE: _____

WILL CALL BACK: _____ AND/OR PAY A VISIT: _____

AVAILABILITY: MONDAY to FRIDAY: _____ WEEKENDS: _____

8:00am-12:00pm _____ 12:00pm-5:00pm _____ 5:00pm-9:00pm _____ 9:00pm-8:00am _____

TO COMPLETE A 12-STEP CALL, you only need to be sober one day, but you NEVER GO ALONE.
THANK YOU FOR YOUR SERVICE! SEND COMPLETED FORM TO: help@aabroward.org

Definition of Broward County Intergroup, Inc.

Your Intergroup office services all groups in the Broward County area. It is not a governing body and does not attempt to, nor can it, rule any AA Group. Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work "carrying the message" to the sick alcoholic. The Intergroup office is supported entirely by contributions from groups, usually a specified amount each month or at intervals throughout the year.

The office purchases and sells all conference-approved books and literature to groups throughout Broward County.

MEETING CHANGES

Monday

Ft. Lauderdale Primary Purpose Big Book Study now meets live again at First Presbyterian Church, 401 SE 15th Ave., Ft. Lauderdale. Fellowship 6:30, Meeting 7:15 PM

Big Book Meditation now live again at Parishes of Sts. Francis & Clare in Wilton Manors. 7 PM OMD

Life in Recovery now meets live again at Zion Church Hall in Deerfield Beach. CLTw 7 PM.

New Way of Life is now live again at Griffin Road Church of Christ in Davie. OD 8 PM.

Tuesday

Why It Works meets live at First Presbyterian Church, Ft. Lauderdale, 451 Tarpon Dr. 7:30 PM.

Women's Step by Step has moved to Unity Church in Pompano. Now meets live at 7 PM. (Hybrid)

True Self Group is now live again at Sober Today Club in Hollywood. OM 7:30 PM.

Perry Street South is now meeting live at Lambda South Club, Ft. Lauderdale. OSPD 7 PM.

Wednesday

One Day at a Time now meeting live again at St. Bartholomew Church in Miramar. 8 PM, Masks mandatory.

NEW MEETING Wednesday Night Women's meets at 6 PM, All Saints Episcopal Church. OLTW

New Life has moved back to Mitchell Moore Center, 901 NW 10 St., Pompano Beach. OD 7 PM.

Thursday

Express Group is now meeting live at Christ Lutheran Church in Ft. Lauderdale. OBG 7 PM—OSPD 8:30 PM.

Atlantic Donut Meeting will be live again starting July 8th, St. Stephen's Fellowship Hall, 2500 14th Street Causeway, Pompano Beach. 7:30 PM.

Sober Today Group now meets at the Sober Today Club, Hollywood and has changed the time to 7:30 PM.

Sober Women of Parkland is now meeting live again at Parkland Community Center. 6:30 PM. (Hybrid)

NEW MEETING New Perspective, S. Florida Wellness Center, 5225 NW 33 Ave., Ft. Lauderdale, 6 PM. OLT.

Alcoholics and God now live at First Presbyterian Church, 451 Tarpon Dr., Ft. Lauderdale. 7:15 PM (Hybrid)

New Way of Life is now live again at Gloria Dei Lutheran Church in Davie. OSPD 7:30 PM

Saturday

NEW MEETING Butterfly Effect now meets at the West Broward Club in Davie. 7 PM. OYP.

Harbor Group book study is meeting live now at the Sober Today Club in Hollywood. 7 PM.

New Day is now meeting Hybrid at 9 AM, Herb Skolnick Center in Pompano Beach.

Sunday

Sunday Night As Bill Sees It now meeting live again at Royal Palm Christian Church, in Coral Springs

Spiritual Principles is now meeting live again at Ivanhoe Community Room in Davie. 9:30 AM.

Daily

Easier Softer Way is now meeting live again M-F 8 AM at All Saints Episcopal in Fort Lauderdale.

KISS Today at Sober Today Club in Hollywood will no longer be Hybrid.

Free To Be now meets every day at 3:30 in person at Sanctuary in Ft. Lauderdale, 1400 N Federal Hwy.

Lunch Express now meets live at Pride Center, Wilton Manors only M-F at 12:10. ORFg

Pride 5:45 now meets live at Pride Center, Wilton Manors only M-F at 5:45. OSPg

MASKS ARE MANDATORY AT PRIDE CENTER—capacity 58 people

Upcoming Events

- | | |
|-----------------|---|
| Aug. 5-8 | 64th Florida State Convention Hyatt Regency Jacksonville Riverfront in Jacksonville, FL— https://www.64.floridastateconvention.com/ |
| Aug. 14 | Carry the Message Day virtual service event for Broward County, presenting the many different service opportunities available through District, Intergroup and Institutions. |
| Oct. 2 | Intergroup Appreciation Banquet Tropical Acres on Griffin Road, must have ticket to attend. Raffles, Dinner, Speakers. 6:00-10:00 PM |
| Oct. 24 | Intergroup Picnic Caldwell Pavilion at Snyder Park in Fort Lauderdale. \$8 in advance, \$10 at gate. Live band, speakers, lunch, games. Kids under 8 eat free. |