

# Suite 404

#### BROWARD COUNTY INTERGROUP, INC.

Oakland Commerce Center 3317 NW 10<sup>th</sup> Terrace, Suite 404 Fort Lauderdale, FL 33309

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VOLUME 7 JULY 2020

# **Step Seven - "Humbly asked Him to remove our shortcomings."**

# **The Ex-Mother-In-Law** In her mind, she needed to punish the awful woman who took her kids, but her Higher Power had a better idea

At two years sober, I wrote down my Step Seven. I prayed with my pastor and my sponsor that my shortcomings be removed. I felt as if a burden were lifted after we prayed, as if I were on that "pink cloud" all over again. I tried to convince myself that I would no longer be selfish, judgmental and impatient, that I would be able to let all my resentments float away.

A year later I still resented the same people. My biggest resentment was for my former mother-in-law. She had taken care of my kids for 10 years while I was busy getting drunk. I hated her for everything she did right, and for everything she did wrong.

My kids had ended up with her when I went to jail and their father went to rehab. My phone calls from jail went unanswered. When I got out, I didn't call very often, because I knew she wouldn't answer. I got on with my life, which entailed two more rehabs, another visit to jail and a stay in a homeless shelter. In my mind, life was an uphill battle that I just could not win.

But I wanted my kids back. I knew I would have to get sober and stay sober. Instead, I drank to forget, and the resentment got bigger and bigger.

When I got into AA, it was tough just to get myself to meetings and hold down a job. I remember sitting in meetings crying, telling everyone I just wanted to be a mother. During those first years of sobriety, I prayed for my kids. Some nights I'd be jarred out of a deep sleep by nightmares. I dreamed my kids were drowning or lost or hurt.

I didn't get to hear their voices until I had 18 months sober. That was a long 18 months. But I put myself in the center of AA. I did service work. I made coffee for my home group. I worked the Steps. I talked to other alcoholics who had been through what I was going through, and that made the pain bearable.

Recovery brings massive rewards. At three years of sobriety, a judge awarded custody of my kids back to me. My joy was quickly overshadowed by hate and thoughts of revenge. I was going to punish this woman who kept my kids away from me. I would keep her from seeing them, just like she had kept them from me.

My resentment for this woman started as a snowball and became an (continued on page 4)

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I AM Responsible					7		
Meeting Changes					8		
Upcoming Events					8		

Your Intergroup
Bookstore will be
closed on July 3rd
in observance of
Independence Day.

# **Concept VII**

The Charter and
Bylaws of the General
Service Board are
legal instruments,
empowering the
trustees to manage
and conduct world
service affairs. The
Conference Charter is
not a legal document; it
relies upon tradition
and the A.A. purse for
final effectiveness.

# **Tradition Seven -** "Every AA group ought to be fully self-supporting, declining outside contributions."

# **AA Is Not Big Business**

In gratitude, Bill explains a plan to preserve AA. . .but not to rule it!

THANKSGIVING is coming. And with it, Tradition Week. I never felt happier.

Our traditions are set down on paper. But they were written first in our hearts. For each of us knows, instinctively I think, that AA is not ours to do with as we please. We are but caretakers to preserve the spiritual quality of our fellowship; keep it whole for those who will come after us and have need of what has so generously been given to us.

We learned our lesson about money early. We feared organization lest we solidify and destroy ourselves as a *movement!* At the same time we faced the moral and humane obligation to make our program instantly available to all who asked for it. And they came in ever increasing numbers.

Yes, we've had need of money and we've had to provide services. But we've resolved never to allow either money or the management of our necessary affairs to obscure our spiritual aims. The same loving God whose Divine Wisdom has shown us that one desperate and shaky drunk, fumbling for a nickel to call for help, looms larger than any 'organization' we shall ever have, or need!

At Cleveland, July last, 7000 AAs set their approval to the Twelve Traditions of Alcoholics Anonymous. We took our destiny by the hand. Alcoholics Anonymous had grown up.

Three of those Traditions define the "Services" of Alcoholics Anonymous and outline our collective responsibility for them--management responsibility and money responsibility. The Tradition also says that our trusted servants shall never govern; that they shall always be directly accountable to those they serve.

Last month I broadcast to you the members of Alcoholics Anonymous--an urgent appeal. It was a plea that you take full money responsibility for your AA Headquarters--the Alcoholic Foundation and its AA General Service Office at New York. We who work in your Headquarters are delighted with the result. Groups who never helped before have now done so. New groups, very small groups, institutional groups not really under any obligation, have made sacrifices. If this keeps up, our deficit at Headquarters will be a thing of the past. Never have I been so encouraged about the future of our Services. Your generous and responsible action makes a fitting setting for the news I am about to give you.

For twelve years, warmly aided by great friends, Dr. Bob and I have stood sentinel over your Headquarters. We have been holding these valuable assets in trust for you--your General Service Office, your book "Alcoholics Anonymous", your principal magazine *The A.A. Grapevine*, your public relations, your common funds. We have never asked you to take any direct responsibility for them. But times have changed. Alcoholics Anonymous is now grown. Its founders are perishable. We cannot be your guardians always.

So the hour is come when you must take these things into your own keeping. We ask that you guard them well for the future of Alcoholics Anonymous may much depend on how you maintain and support these life-giving Arms of Service.

Anticipating that you will happily accept this new responsibility, the Trustees, Dr. Bob and I propose *The General Service Conference of Alcoholics Anonymous;* a body of State and Provincial representatives who will sit yearly with our Foundation Trustees as their traditional guide. We have long considered and will soon present a detailed plan designed to bring this great change about.

Alcoholics Anonymous *has* come of age. It's a great Thanksgiving!

---Bill W.

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# **Recovery Word Puzzle**

NEEDSRUNAW
STAGRIHMEN
BABERLAE
BESDIRLT
ICDGLENNI
STEERARKAC



Unscramble the letters. Answers to puzzle can be found on page 7. Words for this DYSLIFOI
BEANTACOUC
LISTNEEN
DRABSCTOA
HIPSBEERLA
DUNGSAIRA

Unscramble the read letters above to discover the holiday message below.

# **Volunteer Opportunities**

Our first Sober Camping Conference will be in January 2021.

#### **NOW CALLING FOR VOLUNTEERS**

Electronic planning meeting to be held on Thursday, July 16th at 6:30 PM. Please call or email for ID to 954.462.0403 or help@aabroward.org

Our 45th Annual Intergroup Picnic to be held on October 25 is

#### **NOW CALLING FOR VOLUNTEERS**

First planning meeting to be held on Saturday, July 18. Please call or email for ID or attendance details if interested to 954.462.0403 or help@aabroward.org



The bookstore is still open on a limited schedule,

**Monday—Friday 1-6 PM**, with mask — one person at a time.

Place your order in advance by phone, email or online at www.aabroward.org for shipping or come by and shop.



(continued from page 1)

avalanche. I hired a lawyer to keep her away. I complained to my sponsor about her on a daily basis. I reveled in the idea that she would be alone now, never to see the kids again.

Then a judge gave her visitation rights. I bristled with anger! I stood on the porch one day talking to my sponsor on the phone about it. Finally, she told me she was done listening to it. With no one to talk to, I just paced on the porch.

Suddenly, a feeling of remorse came over me. For some reason my mind replayed the things I had done and not done during all those years she was caring for my kids. I felt grateful that she had kept them all together and not let them become wards of the state. Having seen the situations of other alcoholic parents, I knew that my kids could have had it a lot worse.

As I paced the porch that day, I remembered the words of Step Seven: "Humbly asked Him to remove our shortcomings." I remembered my prayer. A tear formed in my eye as I realized God was answering it. I played a part in this hate. If I didn't change, nothing would change. Hatred was consuming me, stealing my serenity. I decided that I did not want to feel this way anymore. I called her and said that the judge was right, that she should see the kids. I apologized for everything I had done to her. She accepted my apology.

Today we have a good working relationship. Sometimes resentment creeps back up on me. These are the days I call her and we talk. I see she is as human as I am. Knowing now how tough motherhood is on a daily basis makes me grateful that she stepped up and did my job for 10 years. If she needs something, I am there. If her car breaks down, I offer mine. When she calls, I answer the phone. Now she gets to be the grandmother she always wanted to be, and I am OK with it, thanks to God and Step Seven.

—April P., Monongahela, Pa.

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### Things we cannot change.....



Susie S. and Conrad

They will be missed. May they Rest in Peace.



General Service Office, NY

PO Box 459, Grand Central Station New York, NY 10164-0371 212.870.3400

> Bridging The Gap 877.207.2242

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BCIC P.O. Box 22701 Ft. Lauderdale, FL 33335 Area 15 General Service
Treasurer, PO Box 1784
Pompano Beach, FL 33061

P.O. Box 100126 Ft. Lauderdale, FL 33310

# AA BIRTHDAY'S

# July Celebrants

# Broward Men's Jay ~ 4 yrs.

Joe A. ~ 5 yrs.

#### Oakland Park

Mary W. ~ 29 yrs. Mike M. ~ 24 yrs. Mark W. ~ 17 yrs.

#### Free and Easy

Larry H. ~ 40 yrs. Linda M. ~ 32 yrs.

#### Westside Men's

Eric S. ~ 21 yrs. Richard R. ~ 29 yrs.

#### Men in Recovery

Harry O. ~ 30 yrs. John D. ~ 10 yrs. Richard W. ~ 10 yrs. Casey M. ~ 19 yrs.

#### **Serenity Altogether**

Ken M. ~ 14 yrs. Doug C. ~ 28 yrs. Fred L. ~ 40 yrs.

#### **Rule 62**

Vickie T. ~ 34 yrs.

#### Ft. Lauderdale

Women's Group Nancy B. ~ 31 yrs. Diana H. ~ 20 yrs. Pam ~ 24 yrs.

# Don't Forget Doug W. ~ 9 yrs.

B.A.L.L.S. Group

Elias G. ~ 17 yrs. Richie ~ 31 yrs. Nick ~ 5 yrs. Randall ~ 25 yrs.

#### **Happy Destiny**

Liz A. ~ 12 yrs. Sharon S. ~ 11 yrs.

#### Women's Journey

Carole L. ~ 14 yrs. Ebony ~ 12 yrs. Mona Lisa ~ 7 yrs.

# Women's Step by Step Karen V. ~ 39 yrs.

Mauntain Craun

## Mountain Group Jolynn J. ~ 12 yrs.

Leslie B. ~ 12 yrs. Juliyet ~ 22 yrs.

#### Women's Honesty

Becky P. ~ 38 yrs. Marcia S. ~ 24 yrs. Rachel ~ 12 yrs.

#### **Coral Springs Men's**

Steve B. ~ 28 yrs.

#### Meeting in Print

Rhonda D. ~ 16 yrs.

#### Friends of Pat C.

Mare C. ~ 23 yrs. Maria W. ~ 8 yrs.

#### Sands of Serenity

Laura W. ~ 22 yrs.

### Meditation at the Rock

Mary S. ~ 21 yrs.

#### **Other Notables**

Emma L. ~ 31 yrs. Bill F. ~ 29 yrs. Richard H. ~ 40 yrs.

#### Free to Be

Dara ~ 10 yrs.

## Joy of Sobriety Bob ~ 35 yrs.

#### **Bikers in Recovery**

Emilio ~ 20 yrs. Leon J. ~ 12 yrs. Donna M. ~ 14 yrs. Bill F. ~ 3 yrs. Rich W. ~ 3 yrs.

# Each Day a New Beginning

Michael E. ~ 11 yrs.

#### Surrender is Freedom

Diane R. ~ 32 yrs.

#### You Are Not Alone

Sharon G. ~ 21 yrs. Janet T. ~ 18 yrs. Marie H. ~ 12 yrs.

#### **Lunch Bunch**

Gary ~ 50 yrs. Walter ~ 21 yrs.

#### **Smell the Coffee**

Liz J. ~ 31 yrs. Mike ~ 10 yrs.

#### JOIN THE BIRTHDAY CLUB!

Celebrate your sobriety by sending \$1 per every year sober to your local Intergroup office to show your gratitude and give back once a year.

(Birthday listings are not contingent upon contributions...we just like to celebrate sobriety.)

# STAY SAFE AND STAY HEALTHY



### **BCIC**

Broward County Institutions Committee will hold their next meeting on

### **July 11 at 10 AM**

at the

#### Twelve Step House

205 SW 23rd St., Ft. Lauderdale

# June Celebrants not

previously mentioned

#### Happy Destiny

Julie D. ~ 2 yr. Heather ~ 12 yrs.

#### 441 Group

Jill W. ~ 12 yrs. Carla B. ~ 1 yr.

#### Sunshine Group Richard H. ~ 13 yrs.

Richard H. ~ 15 yrs.

# Focus on Sobriety Marilyn M. ~ 46 yrs.



# The next Intergroup Meeting

will be held on Zoom

Sunday, July 19th 1:00 PM

# THANK YOU TO EVERYONE WHO HELPED MAKE OUR AA'S GOT TALENT 2020, AT HOME A RAGING SUCCESS!!

PERFORMERS, COMMITTEE MEMBERS AND AUDIENCE-YOU WERE ALL AN INTEGRAL PART.

YOU HELPED US RAISE OVER \$2,000 FOR YOUR INTERGROUP!!







"It may be that when we no longer know what to do, we have come to our real work and when we no longer know which way to go, we have begun our real journey.

> The mind that is not baffled is not employed.

The impeded stream is the one that sings."

—Wendell Berry in Standing by Words (from Friends of Silence)

### 7th Step Prayer

"My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows.

Grant me strength, as I go out from here, to do your bidding. Amen."

Alcoholics Anonymous, p. 76

### **OUR PRIMARY PURPOSE**

#### PLEASE GO TO WWW.AABROWARD.ORG FOR ALL UPDATES

We are updating the website throughout this crisis to the best of our ability. Thank you to everyone who has kept us informed. We have compiled a short list of local groups' electronic IDs for those who are looking for a local meeting online. We will not post this list to Website because of affiliation, but will share with you if you call 954.462.0403 or email help@aabroward.org, so that we may still be acting in accordance with our purpose, as a "clearinghouse for the convenience of members".

**Definition of Broward County Intergroup, Inc.**Your Intergroup office services all groups in the Broward County area. It is not a governing body and does not attempt to, nor can it, rule any AA Group. Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work "carrying the message" to the sick alcoholic. The Intergroup office is supported entirely by contributions from groups, usually a specified amount each month or at intervals throughout the year.

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**Faithful Fivers** are A.A. members who donate five dollars (\$5) a month to Intergroup as an act of gratitude. Their generosity helps us to carry the message of A.A. to the still sick and suffering alcoholic throughout the year.

#### Thank you to our Faithful Fivers. Your contributions are so appreciated!

Tom & Liz J., Gregory C., Suzanne J., Bob H., Anonymous I, Elizabeth B., Ron J., Tim S., Lois O., Richard H., Jennifer S., Pat R., Beth D., Craig G., Vickie T., Howie K., Lewis G., James H., Gerry B., Don W., Eric P., Tara D., Denise J., Robert M., Susan S., Drew B., David S., Bonnie T., Robert H., Sally S., Anonymous II, Michael E., Stephen W., Marla A., Ernie F., HBeta, Brian H., Steven L., Robin S., Barbara S., Jenae R., Jerilynn D., Fran C., Women's Step by Step, Rachel L., Michael T., Alexander W., Gary S., Dave J., Patrick M., Patrick C., Mary C., Patsy K., Joe G., Nancy S., Al G., Ann L., Glen P., Richard M., Ali S., Erich N., Russell S., Nicolle

# WE HAVE NEVER NEEDED YOUR SUPPORT AS MUCH AS WE DO NOW!

Please consider becoming a faithful fiver today. Have your bank send us an Auto payment every month from your account or

#### DONATE NOW ON OUR WEBSITE USING PAYPAL

ANSWERS TO PUZZLE: unanswered, nightmares, bearable, bristled, declining, caretakers, solidify, accountable, sentinel, Broadcast, perishable, guardians — Keep dry on the fourth!

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.

I AM RESPONSIBLE....

 NAME:
 GENDER:

 PHONE:
 EMAIL:

 PREFER:
 VOICE:
 TEXT:
 EMAIL:
 CITY OF RESIDENCE:

 WILL CALL BACK:
 AND/OR PAY A VISIT:
 AVAILABILITY:
 WEEKENDS:

 8:00am-12:00pm
 12:00pm-5:00pm
 5:00pm-9:00pm
 9:00pm-8:00am

TO COMPLETE A 12-STEP CALL, you only need to be sober one day, but you NEVER GO ALONE. THANK YOU FOR YOUR SERVICE! SEND COMPLETED FORM TO: help@aabroward.org



#### **MEETING CHANGES**

The following meeting locations have confirmed with us that they are now holding some meetings face-to-face:

441 Group, Margate
Bottom Line Group, Deerfield
Women's Club, Deerfield
Pompano Beach Group, Pompano
Sober Today Club, Hollywood
The Sunshine Cathedral, Ft. Lauderdale
St. Benedict's Church, Plantation
Sterling Room, Davie
West Broward Club, Davie
Our Place 2, Tamarac
4th Dimension Club, Hollywood
Lambda South Club, Ft. Lauderdale
Twelve Step House, Ft. Lauderdale

Each group is autonomous and every location has it's own guidelines in place.

You may be asked to wear masks at all times, and you may not be allowed in due to diminished capacity.

Try to practice Love and Tolerance and remember that we are ALL be affected by this pandemic together!

A complete list of Local Zoom meetings is now available for download on the Intergroup website. www.aabroward.org

WEAR MASKS!

STAY SAFE!

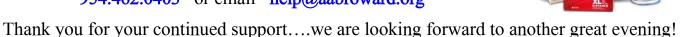
BE RESPONSIBLE!

STAY SOBER!

Does your group have a gift basket or gift certificate to be raffled at our 57th Annual Intergroup Appreciation Banquet?

Please call or email to let us know, so that we can make start making our raffle plans.

954.462.0403 or email help@aabroward.org





- JULY 2020 INTERNATIONAL CONVENTION —- https://2020convention.aa.org
- Jul. 10 S.FL Area 15 Quarterly Assembly Boca Town Center Marriott, Boca Raton. This assembly will be a virtual assembly using ZOOM technology. Full workshop schedule, speakers, business meeting. See District and Area websites for more information.
- **Aug. 6-9** Florida State Convention Jacksonville has now postponed the 2020 convention until 2021. For more information you can go to www.64.floridastateconvention.com
- **Sept. 19 57th Annual Intergroup Appreciation Banquet** Tropical Acres Steakhouse, Griffin Road in Dania, 6-10 PM, Dinner, speakers, basket raffle. Must have ticket, advance sales only. \$45. This banquet may have a live streaming option, for those afraid to venture out, with dinners for pick-up.

