



# Suite 404

BROWARD COUNTY INTERGROUP, INC.  
Oakland Commerce Center  
3317 NW 10<sup>th</sup> Terrace, Suite 404  
Fort Lauderdale, FL 33309  
Phone 954-462-7202, 954-462-0265; [www.aabroward.org](http://www.aabroward.org)

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## Step Four — *“Made a searching and fearless moral inventory of ourselves.”*

### The Fourth Step to Self-discovery Inventory-taking can pay big dividends

IF I HAD to name one factor that distinguishes the AA member who is truly sober from the one who is merely dry, I would choose self-discovery.

Most of us come to the program not knowing who we are. Without booze, our grandiose self-perceptions fall flat, like bubbles in stale champagne.

Perhaps the first thing we find out is who we aren't. This is "ego deflation at depth," and whether it happens in the last stages of drinking or in the first few weeks or months of sobriety, it's an earthquake jolt! The ground you had thought was solid may crumble under you, leaving you standing naked on a barren landscape. One AA member says she "felt like a peeled onion."

My entire previous life seemed rolled out before me, and suddenly I saw right through it. I could see the seamy side of every relationship I had ever had, the shallowness of each so-called accomplishment. The jobs I had held, the names I had dropped, the love affairs I had gloried in—all added up to the zero that was me. I wanted the earth to swallow me up.

I was ready to be reborn. But in writing off the experience of half a lifetime, I very nearly "threw out the baby with the bath water." Taking my inventory in that early, hazy sobriety, I decided I was an insignificant nothing. My outstanding character defect was a false pride that had stalked my every move since I could remember. This defect was so glaring that I could see nothing else.

Fortunately, I had--just barely--taken Step Three. So, instead of committing suicide, I turned the whole mess over to my recently discovered Higher Power, whom I wasn't at all sure about yet. It worked--and I am, at this writing, in my fourth year of contented sobriety.

If I took my Step Four Inventory too early, at least I learned what my major character defect was, so that I could ask God to remove it. I also learned that my first inventory did not have to be my last. Like some of the early AAs, I found I could profit by taking my inventory once a year.

To me, this makes sense. If we are growing and changing constantly in this program, it's reasonable to take a breather at intervals and set down on paper: (1) our strengths--the attributes we can use to propel us ahead; (2) our weaknesses--those stubborn qualities that are holding us back; (3) the qualities that we want to ask our Higher Power to help us acquire in some small measure.

The interesting part is that, in my second and subsequent inventories, I found strengths I had had most of my life, but had not recognized during the first inventory. I found I had been using them on the program without realizing it. And I thanked God again that I had not followed that first impulse to check out of this world. How could I have even considered it? Sober, I was worth something. I was now part of the solution, not part of the problem.

The first AA inventory is necessarily linked with Step Five. To me, it is only the beginning. Part of our spiritual awakening takes place when, with the help of God and another human being, we face ourselves as we really are, and

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*Spring is Coming!*



## Concept IV

At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

## Tradition Four - "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

### A Reciprocal Dynamic

What does Tradition Four mean to me? This Tradition reminds me of Tradition One. Tradition One deals with the relationship between the value of personal recovery and AA unity. Since personal recovery depends on AA unity, then our common welfare must come first. Now Tradition Four comes along and deals with the relationship between the group and AA as a whole. Here again maximum liberty and respect is to be given to the group. But the group, and the individuals in it, are asked--for their own survival and sobriety--to adjust, temper, and discipline that freedom when it begins to affect other groups or AA as a whole. If each group runs amuck and does what it pleases, Alcoholics Anonymous will be destroyed and in short order the group and individual sobriety will be destroyed in turn.

We alcoholics are plagued by a thousand forms of fear. We are easily moved to overcompensate and to indulge in grandiosity and megalomania! Once we let our discipline go lax, our humility and sense of obedience diminish and our foolish pride and blind ego take over. Then we can be a negative influence in a group, do harm to the individuals in it--even contribute to the destruction of the group.

How is this Tradition working in my life? It reminds me of Step Three. The group is given a reasonable and decent independence, but then it is called upon to turn its will and life over to AA as a whole, as an expression of the will of God for us. The Third Step works this way on the individual level, Tradition Four on the group level.

If I don't listen to my sponsor and get rebellious, am filled with pride and self-will, it is only a matter of time for me to get the "crazies" again and fall into the practice of my addiction once more. But if I reject my foolish, blind pride, have a healthy distrust for my own opinions and motives, and submit myself to a sponsor and do what he says, then experience has shown me that things go well and I really live out the turning over of my will and my life to God. It's the same with the group in Tradition Four. When our group's collective arrogance and pride and self-will take over, the group moves collectively away from turning its will and life over to God. But when it submits itself to the good of other groups and of AA as a whole, it will experience that peace and growth that comes with submission to the will of the Higher Power. It will flourish. When it doesn't do that, it will wither away and die, just as I will if I neglect Step Three.

What does this Tradition call on me to do? It calls on me, it invites me, it *obliges* me to be vigilant in the group for collective pride and self-will, just as I have to be always vigilant in my own life for the same poisons. It doesn't mean I have to be the resident guru or "bleeding deacon." It only means that in a humble, prudent, caring way I be aware of the dangers to our group and to other groups and to AA as a whole, if we let ourselves get carried away in self-seeking, arrogance, pride, and self-will.

What's in it for me? Plenty. If I live Step Three, it will stimulate and encourage Tradition Four. If I live Tradition Four, it will in turn stimulate and encourage the living out of Step Three in my life. There is a reciprocal dynamic between these two principles. And I come out a winner because I'll stay sober. If I submit my will and live in Step Three, I lose the dominion of my exaggerated arrogance and self-willed pride. I gain freedom. If I live that way in the group and encourage the group to live that way in Tradition Four, the same thing will happen to the group. In submitting itself to the welfare of other groups and AA as a whole, in the very act of submission, the group will lose slavery to its lower instincts and gain freedom. And I, as a member of the group, will share in that freedom and at the same time contribute to it. Step Three and Tradition Four inspire and strengthen each other. I win and the group wins and AA wins.

-- Anonymous, Los Angeles, California

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### DO YOU, OR SOMEONE ELSE IN YOUR GROUP, PERFORM SPECIAL SERVICES OR OWN YOUR OWN BUSINESS?

Street#:  
Any Town, USA, 12345  
123-456-7890

*Sender's Name*

To: \_\_\_\_\_  
From: \_\_\_\_\_  
Amount: \_\_\_\_\_  
Expires: \_\_\_\_\_  
Authorized by: \_\_\_\_\_  
Signed By: \_\_\_\_\_  
Date: \_\_\_\_\_

Free Gift Certificate Template

Not redeemable for cash. Redemption value not to exceed \$500.00

Would you consider giving a gift certificate to be raffled off at our Appreciation Banquet?

**The basket raffle is a lot of fun and a key element to the fundraising success of the dinner.**

## *Local Readers Share.....*

*A man in a hot air balloon realized he was lost. He saw a person on the ground and yelled down to him, "Can you help me? I don't know where I am."*

*The man replied, "Sure, I'll help you. You are in a hot air balloon hovering 30 feet above the ground....between 40 and 41 degrees North latitude and between 59 and 60 degrees West longitude."*

*"Wow! You must be an AA sponsor," said the man in the balloon.*

*"I am," said the man, "but what gave me away?"*

*"Well," answered the balloonist, "everything you told me is technically right but I am still lost. Frankly, you're not much help at all and you might even have delayed my trip."*

*"You must be an AA Sponsee," replied the man.*

*The man in the balloon was amazed and said, "I am, but how did you know?"*

*The man on the ground said, "Well, you don't know where you are or where you're going. You have risen to where you are due to a lot of hot air. You are expecting other people to solve your problems, and the fact is that you are in exactly the same position you were in before we met, but somehow now IT'S MY FAULT!"*

*Passed down by Philip S. from his service sponsor Rene L., Ft. Pierce*

# Volunteer Opportunities

## **2018 DISTRICT 9 GRATITUDE DINNER** to be held in November

Will be having a planning meeting at the Twelve Step House, 205 SW 23 St., Fort Lauderdale

**Sunday, April 29th at 1:00 PM**

## **District 9 Archives Committee, host of Old Timers Meeting**

Will be holding planning meetings at the 101 Club, 700 W 10th St., Pompano Beach

**April 7th and April 28th at 4 PM**

## **2018 Florida State Convention** at **FORT LAUDERDALE BEACH**

Next Planning Meeting is **Saturday, April 21st at 9 AM**

Broward County Water & WWTF, 2555 W Copans Rd., Bldg. #2, Pompano Beach

*Pick up a commitment today!!*

**SERVICE KEEPS YOU SOBER**



(continued from page 1)

expose the skeletons in our closets to the light of day. Done thoroughly, this is an experience we need go through only once.

But, while some are content to let Step Ten take care of personal inventories from that point on, I have found it useful to approach mine every spring from a fresh viewpoint.

The second time I took my inventory, I made an amazing discovery. Some of my so-called assets, if carried to extremes, could turn on me and become liabilities. And some of my liabilities, with modification, could actually become assets!

For example, perfectionism, a typical alcoholic quality, surfaced on my second inventory. On reflection, I could see that this trait wasn't all bad. It needed only to be modified, not wiped out. Just a little hanging loose and letting go could make all the difference. I need not ask God to remove it completely, as I had the false pride--just to help me get a perspective on it. There's nothing harmful in wanting to do things right--only in expecting too much of oneself and others.

On the other hand, persistence, which I had listed as an asset, had worked against me rather than for me when carried to extremes. I could see, when I got it down on paper, that I needed help with it as well. When should I persist in a particular venture, and when would it be better to give it up and turn it over? I decided to relax my hold on this trait, as I asked for guidance for the coming year.

On the third inventory, some unlovely traits surfaced that I could have sworn I didn't have. One of them was envy. At first, I denied it. Then I had to acknowledge it. Then I began to chuckle. Was this to be a never-ending process? I wanted to look at my present life as a beautiful green lawn, and there were those gol-darned toadstools--my character defects--still popping up here and there! I had to laugh at myself.

"We are not saints," I muttered, and said aloud, "Thank God!"

We are human beings who inhabit this earth for oh, such a temporary time. If we can learn to know and like ourselves--and yes, with the help of a Higher Power, to change--daily living can be an exciting adventure.

The first inventory is necessarily painful. But subsequent inventories can be fun, creative and enlightening, like putting together the pieces of a puzzle.

How can we possibly take Steps Six and Seven--ask a Higher Power to remove our defects--until we know what they are? I don't know about yours, but mine change from one year to the next, as I go on in this program. To me, that's growth--the fact that this year I'm working on defects *different* from last year's!

The effects of an AA inventory usually will not be felt or seen immediately. True character change, or spiritual awakening, is a gradual process. Putting our positive and negative traits on paper is the start. It sharpens our awareness of reality, brings into focus our perspective of ourselves, and helps us become willing to change.

Taking Step Four more than once in a lifetime may seem like a lot of work. It needn't be. The subsequent inventories fall into place almost by themselves when one has a base from which to operate. The pain and confusion of the first inventory are not necessary ingredients of later ones.

Only when we know who we are can we move forward in this program. If we *don't* move forward, we may find ourselves slipping back into the old ways of thinking and living. We talk about lifetime maintenance of sobriety, but mere maintenance is not enough for the program itself. AA is a program of action, and the action takes place through the use of the Twelve Steps.

Inventory-taking can pay big dividends. Not only can it protect our sobriety, and indeed, our very sanity, but over a period of time it can result in that incomparable reward, the joy of self-discovery! — S. H., Bellevue, Washington

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**The Raffle Committee is requesting all gift baskets and raffle items be delivered to the Intergroup office before April 27th**

**OR CALL Mickey 954.292.2145**



**General Service Office, NY**

P.O. Box 459  
Grand Central Station  
New York, NY 10164-0371  
212.870.3400

**Bridging The Gap**

877.207.2242

**Broward Co. Intergroup, Inc.**

3317 NW 10th Terrace, Ste 404  
Ft. Lauderdale, FL 33309  
954.462.7202

**BCIC**

P.O. Box 22701  
Ft. Lauderdale, FL 33335

**Area 15 General Service**

Cary White, PO Box 56  
Sebring, FL 33870

**District 9 General Service**

P.O. Box 100126  
Ft. Lauderdale, FL 33310



# AA BIRTHDAY'S

## April Celebrants

### Women's Honesty

Phyllis K. ~ 46 yrs.

### Express

Iris S. ~ 31 yrs.  
Joanne B. ~ 4 yrs.  
Joanna P. ~ 14 yrs.  
Maryann M. ~ 22 yrs.  
Edna C. ~ 9 yrs.

### Serenity Alltogether

Joe G. ~ 20 yrs.  
Leon V. ~ 41 yrs.  
Lin F. ~ 46 yrs.

### You Are Not Alone

Cheryl L. ~ 24 yrs.

### Plantation Happy Hour

Steve T. ~ 12 yrs.  
Sylvia N. ~ 11 yrs.  
Noel ~ 7 yrs.  
Al C. ~ 14 yrs.  
Don C. ~ 24 yrs.

### Let's Do Lunch Bunch

Paul P. ~ 31 yrs.  
Steve S. ~ 5 yrs.  
Tony C. ~ 5 yrs.  
Garry A. ~ 19 yrs.

### Saturday Night Sobriety

Pat G. ~ 16 yrs.

### Ft. Lauderdale Women's

Susan H. ~ 29 yrs.

### Early Risers

Steve L. ~ 19 yrs.

### Mountain Group

Michele O. ~ 8 yrs.  
Craig L. ~ 11 yrs.  
Rob B. ~ 34 yrs.

One Day at a Time group ~ 31 yrs.

Riverside group ~ 36 yrs.

Sunlight of the Spirit group ~ 17 yrs.

Let's Do Lunch Bunch group ~ 30yrs.

### Rule 62

Bonnie T. ~ 15 yrs.

### Friends of Pat C

Marla B. ~ 8 yrs.  
Kathleen I. ~ 34 yrs.

### East Naples Men's

Paul B. ~ 33 yrs.  
Stew ~ 33 yrs.

### Riverside

Donna C. ~ 17 yrs.  
Laurie B. ~ 11 yrs.  
Jeri ~ 33 yrs.

### Other Notables

Rosie A. ~ 20 yrs.  
Mary S. ~ 13 yrs.



### JOIN THE BIRTHDAY CLUB!

Celebrate your sobriety by sending \$1 per every year sober to your local Intergroup office to show your gratitude and give back once a year.

*(Birthday listings are not contingent upon contributions...we just like to celebrate sobriety.)*

## March Celebrants - not previously mentioned

### Women's Honesty

Roz A. ~ 39 yrs.  
Erica ~ 30 yrs.  
Elizabeth P. ~ 33 yrs.  
Maria M. ~ 7 yrs.

### Women's Step Into Sobriety

Debbie D. ~ 14 yrs.

### Happy Destiny

Julie D. ~ 1 yr.  
Elizabeth C. ~ 1 yr.

### Express

Celeste ~ 22 yrs.

### Don't Forget

Patrick M. ~ 7 yrs.

### Sober Sisters

Dana Mc. ~ 23 yrs.



Things we cannot change.....

*Crae P., Howard A. and Joe G.*

*They will be missed.  
May they Rest in Peace.*



## BCIC - Broward County Institutions Committee

**Next Meeting:**

April 14th at 10:00 AM

**Twelve Step House**

205 SW 23rd Street  
Ft. Lauderdale.

**Next**

**Intergroup Meeting**

**Twelve Step House**

205 S.W. 23<sup>rd</sup>, Ft. Lauderdale

**SUNDAY, APRIL 15**

**at 1:00 p.m.**

# Recovery Word Puzzle

Unscramble the letters. Answers to puzzle can be found on page 7.  
Words for this puzzle have been used somewhere else in this edition of Suite 404.

CYRODIEVS  
NIVSDDIDE  
SNAREBOLAE  
HEADRIGSC  
RICEGASHN  
LORRICAPEC



FREITETACCI  
GRENACORA  
EDEIDEVLR  
TEECPANAC  
SOVLERUSE  
SORMESPI

## Self-acceptance Through the Steps, we can learn to stop putting ourselves down

ALMOST EVERYONE I know has, in time, experienced some change in his or her thinking on the Steps. Nothing at all unusual about that. It's part of getting better. But little did I realize how very radical a change was in store for me, particularly with respect to the Fourth through Seventh "inventory" Steps.

Why take a personal inventory? Yesterday, I'd have had to grope for an answer, at least one that I found satisfactory. My uncertainty would have been understandable, since yesterday's point of view was essentially negative. It went something like this:

Step Four--"Stop kidding yourself, Buster. It's time you came to grips with reality. You're really not quite as good a person as you'd have yourself believe. So stop trying to convince yourself you are. Take an honest look at all that's basically wrong in your makeup. While you're at it, consider your assets, too--if you can find any."

Step Five--"I'm impatient, intolerant, and so on. To sum it up, there's a lot that's wrong with me. And the worst of it is, I don't want to believe it."

Step Six--"I've done Four and Five as best I can, so I *am* entirely ready to have all these defects of character removed. At least, I *think* I'm ready."

Step Seven--"I'm really not sure why, but I'm awfully uncomfortable. I can't seem to do anything about it. Please, God, take it away."

At the time, I heard it said that the alcoholic doesn't put any value on himself, and I thought: Not so. I couldn't see that the truth of this statement was being demonstrated in my own self-rejection. My thinking had to change before I'd be able to do so. And that's just what happened in another encounter with Steps Four, Five, Six, and Seven. The end result was an entirely different point of view, one that's far more acceptable to me. Here's how I look at these Steps today:

Step Four--"It's time you stopped putting yourself down. Basically, you're a *good person*. So stop trying to convince yourself otherwise. Take an honest look at the garbage you've been holding on to and recognize it for what it is--garbage, not *you*. While you're at it, consider all that's *right* in your makeup, and be grateful for it."

Step Five--"I've been denying my own worth. This is the exact nature of my wrongs."

Step Six--"I'm as ready as I can be today to value myself as a human being. But I can't overcome my negative thinking without God's help."

(continued on page 7)

## Definition of Broward County Intergroup, Inc.

Your Intergroup office services all groups in the Broward County area. It is not a governing body and does not attempt to, nor can it, rule any AA Group. Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work "carrying the message" to the sick alcoholic. The Intergroup office is supported entirely by contributions from groups, usually a specified amount each month or at intervals throughout the year.

***Faithful Fivers*** are A.A. members who donate five dollars (\$5) a month to Intergroup as an act of gratitude. Their generosity helps us to carry the message of A.A. to the still sick and suffering alcoholic throughout the year.

**Thank you to our Faithful Fivers. Your contributions are so appreciated!**

Tom & Liz J., Gregory C., Sherri D., Suzanne J., Bob H., Anonymous I, Elizabeth B., Lillian M., Ron J., Tim S., Milinda B., Barbara S., Lois O., Richard H., Jennifer S., Ted K., June C., Pat R., Beth D., Trent A., Thomas T., Thomas Q., Craig G., Sandy P., Mel K., Leo H., Larry C., Jean G., Vickie T., Howie K., Kerry W., Lewis G., James B., James H., Joanne D., Jim R., Kevin B., Gerry B., Don W., Jamie B., Flemming A., Arthur R., Eric P., Tara D., Nancy S., Joey B., Denise J., Howard S., Bob D., Arielle V., Jay L. and Bonnie T.

Please consider becoming a "Faithful Fiver." Your commitment of \$5.00 a month to your Intergroup Office will go a long way toward helping carry the message to the still sick and suffering alcoholic who reaches out. Fill out this form and mail it in with your contribution today!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Sobriety Date and Home Group \_\_\_\_\_

Make checks payable to:

Broward County Intergroup, Inc., 3317 NW 10th Terrace, Suite 404, Ft. Lauderdale, FL 33309

ANSWERS TO PUZZLE: discovery, dividends, reasonable, discharge, searching, reciprocal, certificate, arrogance, delivered, Acceptance, ourselves, promises

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Step Seven--"Dear God, please help me to see me, to accept and be me."

From negative to positive thinking, but it didn't happen overnight. Getting there took time, effort, and some pain. It was well worth it, though. I finally had my answer to the question "Why take an inventory?" To be able to accept myself once and for all, that's why! As a result, I've little room for the old habit of self-rejection in my life today.

Of course, your own interpretation may be a far cry from either of these. That's fine. It is, after all, an individual program. The name of the game is using what helps us stay sober today. And while we readily share our views, perhaps one of the nicest things about the AA program is that we don't always have to agree with each other.

-- Dick C., Brooklyn, New York

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**WE**  **VOLUNTEERS**

**Without you, we are nothing!**

**Whether you answer the AA hotline after hours, work at the Intergroup office on the phones once a week, are the Intergroup Rep for your meeting, serve on our Steering Committee, or serve on one of the many Committees for our events we hope you know how much we appreciate you. YOU ARE INTERGROUP!**

## MEETING CHANGES

### Tuesday

**Perry Street South** has moved from Fort Lauderdale to SunServe office, 2312 Wilton Drive, Wilton Manors. Time and format remain the same.

**Free To Be** which meets in Ft. Lauderdale has canceled the meditation meeting.

**Six Step Recovery** which met in Oakland Park NO LONGER MEETS.

**NEW MEETING Russian Speaking Alcoholics of S. Florida** has added another meeting. 8:30 PM, CBB, All Russian speakers welcome. Twelve Step House, 205 SW 23 Street, Fort Lauderdale.

**NEW MEETING Reflections for Tomorrow** meets at 7 PM, St. Francis Community Center, 1020 NW 13 Ave. Rear, Ft. Lauderdale. OLT

**NEW MEETING Monday Night Study** will meet at 8:30 PM, Luther Memorial Lutheran Church, 1925 N SR7, Hollywood. OBB

### Wednesday

**The New Leaf** which meets in Davie has gone back to their 5:30 PM meeting time.

### Thursday

### Friday

**Perry Street South** has moved from Fort Lauderdale to SunServe office, 2312 Wilton Drive, Wilton Manors. Time and format remain the same.

**NEW MEETING Sense of Purpose** meets at Parish of Sts. Francis and Clare, 2300 NW 9th Avenue, Wilton Manors at 8 PM, CD

**NEW MEETING Meditation at the Rock** begins on April 6th, 140 W. Prospect Rd., Oakland Park, 6:30 PM, OM

### Saturday

**Saturday Night Solutions** which met at the Sober Today Club in Hollywood NO LONGER MEETS.

**NEW MEETING Saturday Nite Live** will meet at 7 PM, AARC Bldg., 3550 Powerline Rd., Oakland Park. OSPD

### Sunday

**Good Morning God** which meets in Sunrise has changed the time to 10:00 AM.

### Daily

**NEW MEETING KIS Lunchtime** meets Mon-Fri at 12:30 PM, West Broward Club, 5625 N University Drive, Davie

**Weekday Recovery** which met at 5:30 PM at West Broward Club in Davie NO LONGER MEETS.

## Upcoming Events

- April 7**     **Sunlight of the Spirit Group 17th Anniversary** breakfast/speaker meeting, food 9 AM, Speaker 10 AM. St. John's Episcopal Church, 1704 Buchanan St, Hollywood.
- April 22**     **Annual Victor E Picnic** at Snyder Park, Pavilion 1, 3299 SW 4th Avenue, Ft. Lauderdale, **Free** food and fellowship. Raffles, bounce house, volleyball, DJ and more. Bring a dish or dessert if you can, and a newcomer. Families welcome. Parking \$5
- April 28**     **Let's Do Lunch Bunch 30th Anniversary** at Lambda South Club, 1231 E. Las Olas Blvd., Ft. Lauderdale. 11:30 AM Free Nosh and Desserts, open anniversary celebration.
- April 28**     **55th Annual Intergroup Appreciation Dinner**, Tropical Acres, Griffin Rd., Davie, 6-10 PM, Dinner, Raffles, 2 Speakers, 4-course meal \$40. Tickets must have been purchased in advance, and do not include raffle tickets. Limited seating. **SOLD OUT**
- May 5**        **District 9 Archives Old Timers Meeting** at NSU, 3200 S. University Drive, Davie. Coffee and dessert at 5:30 PM, 3 speakers starting at 7 PM with 35+ years of recovery. **FREE**. Please bring a dessert and a newcomer if you can.
- May 4-6**     **19th Spring Into Sobriety Women's Conference** Hotel Venezia Resort in Venice. For more info e-mail [womensis@gmail.com](mailto:womensis@gmail.com) or call 941-681-0747. \$30 Advance registration **ONLY**.
- May 10-13**     **40th Big Book Seminar** - in the spirit of Joe & Charlie. Boca Raton Marriott, 5150 Town Center Circle, Boca Raton. \$30 to register. More info at [www.bigbookseminar.org](http://www.bigbookseminar.org)
- June 15-18**     **Sisters by the Sea Women's Conference** Hilton Naples, 5111 Tamiami Trail, Naples, FL, Registration \$45. For more info go to [www.sistersbythesea.org](http://www.sistersbythesea.org) or call Intergroup.